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OCTOBER 2006  
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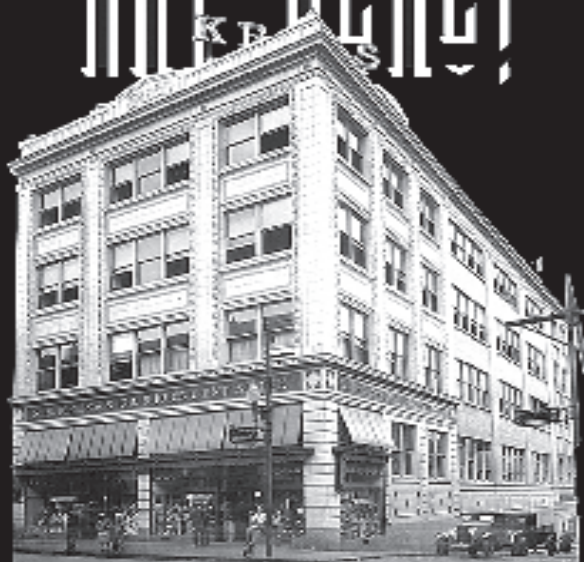
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# Rapid River®

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## COVER



Small waterfall in the Great Smokie Mountains, photo by Richard Ondrovic  
www.ondrovic.com

# The Haunted Factor: Explore autumn's colorful attractions

BY BYRON BELZAK

People who know Western North Carolina (WNC), whether resident or tourist, love to talk about and visit the region's many natural and man-made attractions.

Lush mountains, the oldest in the world some say, and magnificent forests are a wonderful backdrop for the WNC traveler.

Some believe there's no better time to travel in the region than during the fall when the leaves are changing colors. Youngsters and the young at heart seek and relish the delights of Halloween and numerous fall festivals in many of the mountain cities and towns.

With gas prices falling faster than autumn leaves, the mountains are certain to have a bumper crop of those expert in rubber necking countless postcard perfect scenes and experiencing the wonders of the mountains. Doing so is a favorite pastime for all ages.

## MAJOR AND COLORFUL ATTRACTIONS

Without question, the fall is a beautiful time to explore the Appalachian Trail, Biltmore Estate, Blue Ridge Parkway, Carl Sandburg's House and Goat Farm, and the Cherokee Indian Reservation with its Oconaluftee Indian Village. Many people also put Chimney Rock Park, Cradle of Forestry, downtown Asheville, and the soon-to-reopen Ghost Town in Maggie Valley high on their list of mountain places to go and things to do.

For discovering natural beauty, stellar sights can be found at Grandfather Mountain, Great Smoky Mountains National Park, Joyce Kilmer Memorial Forest of old growth trees, Linville Caverns, and Mount Mitchell with its highest mountain peak in the eastern United States.

For quiet strolls or easy bike rides, the

North Carolina Arboretum just outside of Asheville is becoming increasingly popular with individuals and groups. Its bonsai collection is world class as is its new bonsai exhibition garden.

## THE MYSTIQUE OF TRANSYLVANIA

But since this is the season of the witch, it's tough for other counties in Western North Carolina to compete with the inherent spookiness that is associated with the old-world name of Transylvania, the legendary home of Frankenstein. The locals of Transylvania County in North Carolina, located southwest of Asheville-Buncombe County, are only too happy to accommodate tourists in search of a little fun and light-hearted scares, especially around Halloween.

This year is the 2nd Annual Flight of the Vampire Bat 5K, a fundraiser foot race that starts in downtown Brevard, the county seat of Transylvania, at midnight followed the next day with an all-day October Fest. Costumes are encouraged and judged.

While it certainly lives up to its self-anointed nickname, "Land of the Waterfall," Transylvania is also known for its spectacular woods. It is said that more than a third of the entire county is made up of the Pisgah National Forest, Dupont State Forest and Gorges State Park, which offer hundreds of miles of scenic trails and country roads.

## RAILWAYS, WATERWAYS AND A ROAD TO NOWHERE

More attractions that may not make every top WNC attraction lists are certainly worth considering. This includes Great Smoky Mountains Railway, Mountain Farm and Museum, Nantahala National Forest with its many streams, and Tsali

'Attractions' continued on pg. 26

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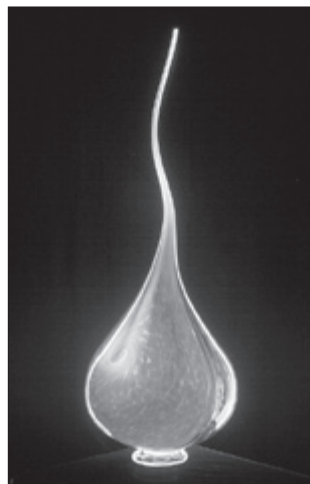


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## RIVERARTS

# Classes and portraits in the tradition of the Great Masters

BY GLENN GARSON

One of the great gems of the River Arts District is hard to find but worth the search. The Art Atelier is located at 375 Depot St., on the left side of the building, and up the stairs, in an intimate studio that glows in natural light. There, students learn to see and capture beauty in the tradition of the Great Masters at The Art Atelier.

When Jim Ostlund and Michele Mitchel came back from Europe, after teaching and studying there, they entered two national portrait contests. In one, they tied for First place, and in the other, one of them came in First and the other Second. Since then they have done commissioned portraits for Federal Judges, actresses, Deans and Presidents of Colleges.

When they were going to have their first child they chose Asheville and then opened The Art Atelier to teach students through



The photograph is one of their paintings.

a system handed down over the centuries from the old Masters.

Each student is individually taught in small classes that last 6 weeks. They will also offer evening classes, if they have at

least 7 students. Watch their web site for the start date of their next class ([www.theartatelier.com](http://www.theartatelier.com)) or call them at (828) 645-5101.

Each student is given their own space and progresses from charcoal to oil paint in a nurturing environment. At an opening for some of their younger students one of the mothers began to cry, explaining how their teaching environment made her feel like she was in a special place.

Jim and Michele are treasures from an era when artists spent thousands of hours drawing and painting from live models and learning how to articulate the music of color and light onto the canvas. They draw on the tools of the Great Masters to paint the beauty of today.

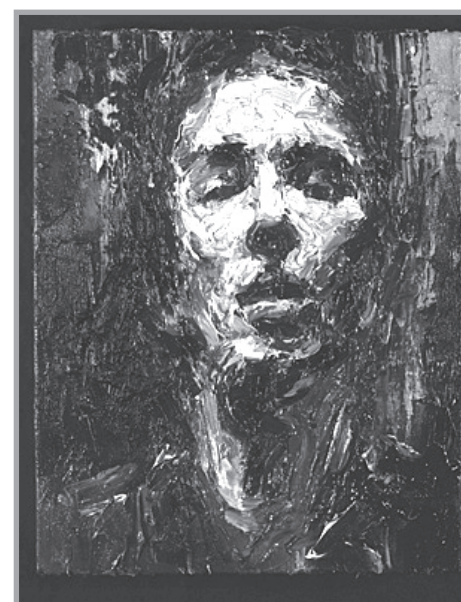
## Won't somebody tell me: What is a person?

BY GLENN GARSON

When you see August Hoerr's portraits up close, you see an oil abstract, but as you step back away from the painting, the epiphany hits you that you are seeing a person.

Blind Willy Johnson, the preacher and blues singer asks in one of his songs "Won't somebody tell me: What is the soul of a man?" Later he answers his own question: "Nothing but a burning light!" August's paintings ask, "What is a person?" And his answer is just as universal.

August portrays individual human beings with a rich palette of impasto, which raises his subject from the canvas and deconstructs them for our eyes. August reaches his final portrait of the person by steps, building upon previous steps, until he reveals the person underneath. Rather than wipe away his initial attempts to capture his subject, August layers his later brush strokes over his initial



The Photo is a painting by August Hoerr titled "Hidden Words in a Murky Tongue"

marks until a dense surface of multiple workings evolves to illuminate the person underneath.

One notable element of August's pieces are the seemingly unintentional flourishes in his images, which manifest themselves as smudges and splashes in the negative space of his portraits. These artifacts whisper into our ear, like a sigh, that we are an audience to real human beings with all their associated imperfections.

August's earlier paintings were suffused in the warm umber and sienna colored tones of the old masters but over the last 2 years he has brought in more vibrant and pulsating colors that grab the viewer and convey a sense of tension and release.

Bella Vista Art Gallery will hold an opening reception for new works by

August Hoerr on Saturday Oct. 7 from 1-4pm at 240 Clingman Ave., in the heart of the River Arts District. Call (828) 768-0246 for business hours and directions. Visit [www.bellavista.com](http://www.bellavista.com).

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## MOUNTAINS OF ART

# URTV needs to rehire Kurt Mann

BY BYRON BELZAK

The three greatest general complaints one hears about politics today – and about dysfunctional non-profit organizations, many of which are so political that they might as well be political parties – is lack of leadership, lack of transparency, and lack of vision.

The Board of Directors of URTV – channel 20 on Charter cable television, the first public access television station to serve the Asheville area

– accomplished all three things in one fell swoop when it let Kurt Mann go as its executive director.

URTV Board of Directors headed by president Mark Wilson recently told its first executive director, Kurt Mann, that it was not going to renew his one-year contract. Mann immediately resigned, and URTV is now looking for a new executive director.

Two phrases immediately come to mind: “Shooting itself in the foot” and “It’s a pissing contest.” Nobody who really knows why Kurt Mann was not extended a new contract is talking candidly. I have my suspicions of what really happened.

I also suspect that many (if not most) of URTV’s 325 members – particularly those who plan (or had planned) to produce original, locally produced programs – are shocked and dismayed about the Board’s decision. I know I am. Anyone who has seen Kurt Mann in action knows he was the absolutely perfect person for the job.

Everything was going so well. There was no warning of this happening. Crash. Boom. The URTV Board is dismantling the very thing that had been set in motion – a diverse public having a voice on local television.

The URTV Board has squandered its initial brilliant decision and goodwill of hiring local film production entrepreneur Kurt Mann in the first place. What a shame for the public; what a windfall for those who support the old guard and status quo.

Kurt Mann put zing into UR and MY public access. Now it’s gone. Even if the URTV Board was not required to ask anyone’s opinions about such matters, they

should have.

Kurt Mann inspired many of us to become members and producers in the first place. And that’s the whole point of URTV: to have diverse, quality, local programming that will inspire audiences to watch something other than shows produced by the Big Six media conglomerates.

Kurt Mann was getting the job done. He oversaw the physical and technical birth of the station. No small feat by a long shot. I know what it takes; I once owned, operated

and managed a small video production company in Atlanta. One of my associates went on to become a top director for Disney and another is now executive director of one of the nation’s most

watched public access television stations. I can spot talent. And Kurt Mann and his two hard-working staff members, Jen Mass and Paul Snow, are talent. They accomplished so much in so little time over the past year. They should all be getting raises, not the boot.

So what can those who want Kurt Mann reinstalled do? Email or phone the three local politicians who attended URTV’s July 31, 2006, successful grand opening and launch: Asheville Mayor Terry Bellamy, Asheville City Council member Robin Cape, and Buncombe County Commissioner David Gannt. Email current URTV Board president Mark Wilson, former URTV Board president and current member Maryanna Bailey, as well as other members of the Board. Email the URTV staff. Voice your opinion at public meetings of the URTV Board, which are held the fourth Thursday of every month beginning at 5pm at URTV headquarters and studios in downtown Asheville. Go to [www.urtv.org](http://www.urtv.org) for directions.

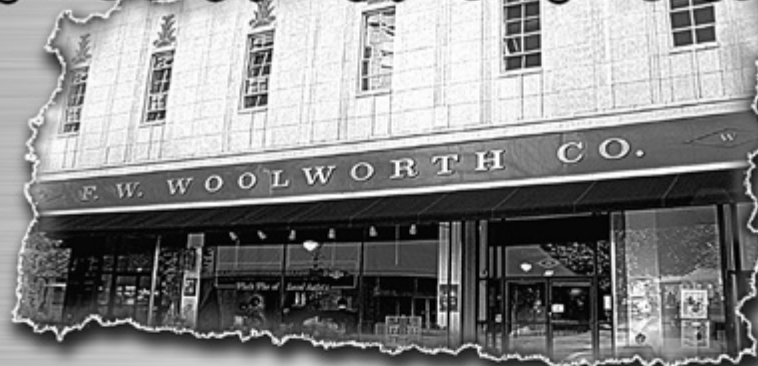
And don’t forget to email me UR thoughts at [byron@mediabear.com](mailto:byron@mediabear.com). I’ll publish the ready-for-primetime ones on my website: [www.DowntownAsheville.com](http://www.DowntownAsheville.com). Tell me if I’m all wet on this one. I won’t mind admitting if I’m wrong. I just wonder if the URTV Board is big enough to admit if it’s been wrong.

We all make mistakes.

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“The URTV Board is dismantling the very thing that had been set in motion – a diverse public having a voice on local television.”

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R A P I D R I V E R A R T S

FINEART

## The art of hand-cut stones

BY BETH GOSSETT

There's something new happening at blue. But that just sounds redundant as there is *always* something new happening at blue. Just in case you have been living elsewhere, we need to tell you about blue.

Two women artists, Lynn Daniel and Susan West, in Biltmore Village are truly making jewelry by hand, one piece at a time in four colors of gold, platinum and sterling using only natural hand cut gemstones. The women have filled their gallery, blue, with something new every time you look. Last year, they gave



Each ring is hand designed with incredible skill and craftsmanship.

Asheville its first look at *natural* green diamonds and this year, Lynn and Susan have filled their showcases with all seven *natural* colors of sapphire. If you haven't seen all seven, it will blow your mind to see the brilliance of yellow, orange, green, purple, white, pink, not to mention the most beautiful blue sapphires you will ever see in your lifetime.

Sapphire is well known to be in the family of corundum along with ruby, made from aluminum oxide that has been crystallized into these beautiful stones by extreme heat and pressure in the depths of the earth. Small amounts of iron and chrome in different combinations are responsible for the different colors of sapphire and are found all over the world.

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# FINEART

The most rare and most valuable sapphire, besides Kashmir and cornflower blue, is known as padparadscha. Padparadscha means lotus flower and is a vibrant pinkish-orange color found mainly in Sri Lanka. Most of the reddish orange and bright orange sapphire comes from Tanzania and Australia. Almost all of the green sapphire has a blue cast to it and comes predominately from Australia. Australia and Brazil are responsible for most of the pink sapphire, which is a very vivid, almost startling pink color. Yellow sapphire has that same intensity in its finest form and is found along with white mainly in Australia and Madagascar.

In general, the more clear and vivid the color of sapphire, the more valuable it is.



Jewelry is the capturing of art in a small, yet detailed package.

The two women are very picky about where their material comes from, making sure that not only is the mine producing bright and clear stones, but also they prefer mines that make a contribution to the community in which it is located. The other ingredient that makes for a beautiful stone is the cut. The cut can make good material lively and bright and therefore more attractive and by far more valuable. Anyone who has been to blue or owns a piece from blue, knows that Lynn and Susan's stonecutter, who hand cuts every stone, is really an artist himself and makes every single stone a beautiful expression of the earth's artwork.

Blue sapphires range in color tremendously along with value.

The most valuable shade of blue is a velvety blue from the original Kashmir mine, which was uncovered during an avalanche in 1880. It truly set the standard for beauty in sapphires. Along with Kashmir in value are the cornflower blue sapphires, which are found in Sri Lanka (Ceylon) and

**'blue' continued on pg. 26**

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John Mac Kah. View from Grant Mountain, Spring, 2006  
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R A P I D R I V E R A R T S

## PERFORMANCE

### Christine Kane performs at Diana Wortham on Oct 13

BY DONNA CASSY

**A**claimed sing-  
er-songwriter  
Christine Kane  
performs 8pm.  
Friday, Oct  
13 at Diana

Wortham Theatre at  
Pack Place in down-  
town Asheville, in a  
concert being recorded  
for Kane's first DVD  
release.

Kane has captured the  
hearts and imaginations  
of audiences across the  
nation, including those  
who saw her perform in  
the past year as part of  
North Carolina Dance  
Theatre's groundbreak-  
ing *Under Southern  
Skies* tour.

She brilliantly weaves  
a comedic thread throughout her stories  
and anecdotes, while conveying a sense of  
magic and encouragement with her songs  
and voice. Her music is influenced, not so  
much by other artists, but by her life and  
her refreshing take on her world.

Kane's 12-year career is marked by  
independence and a deep commitment to  
her craft as a writer and performer. She  
has released five CDs on her own record  
label, Firepink Music, and is gaining criti-  
cal acclaim nationwide. Her album *Rain  
& Mud & Wild & Green* was named "Best  
of 2003" in the folk category by Borders  
Books & Music, while *The Washington  
Post* described the album as "reflective,  
ironic and often open-ended... curious  
scenarios that leave you guessing about the



Christine Kane

nature of things.  
Impressive song  
craft."

Kane has per-  
formed with a wide  
range of musi-  
cians, including  
Los Lobos, Nanci  
Griffith, John  
Mayer, Shawn  
Colvin and John  
Gorka. In addi-  
tion to performing  
at festivals and  
theatres across the  
country, Kane has  
also performed  
for humanitarian  
events, including  
Concerts for a  
Landmine Free  
World and Girls on  
the Move. In addi-  
tion, her songs have  
been included on

several compilation CDs.

#### If you go:

**What:** Christine Kane

**Where:** Diana Wortham The-  
atre at Pack Place in downtown  
Asheville

**When:** 8pm. Friday, Oct. 13

**Info:** purchase tickets, call the  
theatre's box office at (828)257-  
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# PERFORMANCE

## Ireland's Celtic excitement comes to Asheville

BY DONNA CASSY

The Celtic Tenors, a trio of the finest contemporary voices in Ireland's long musical history, perform their own blend of classical Arias along with Celtic and popular songs.

Since their arrival on the music scene, accomplished young tenors — Matthew Gilsenan, James Nelson and Daryl Simpson have captivated audiences throughout the UK, Europe and the US with their precision harmonies and unique classical crossover repertoire. They deliver a brilliantly balanced mix of classical, traditional and pop compositions — all filtered through their unique vocal perspective — resulting in hauntingly beautiful harmonies. Touring the world extensively, these tenors have become three of the best voices in true "Irish Classical Music" in the past 20 years, making them one of the biggest Classical Crossover artists to ever come out of Ireland.

What began as three very talented friends gathering informally in Gilsenan's home and working on their harmonies has since exploded into an international recording and touring phenomenon that has taken the music industry by storm. Following an impromptu audition in London, the Celtic Tenors were signed on the spot to an international record deal with EMI. Their self-titled debut album immediately soared to the No. 2 spot on the UK classical charts, and went to No. 1 in Ireland and Germany and won the prestigious German Echo Award for Best Classical Crossover Album of 2002. The Celtic Tenors were invited to sing for former US President Bill Clinton during his visit to Dublin Castle in 2002. In 2004, the trio had the special honor of singing in a private audience for U.N. Secretary General Kofi Annan and his wife Nane during a trip to Ireland. The surprise recital in

honor of Annan's birthday was a personal gift to the couple from U2 frontman Bono.

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### If you go:

**What:** The Celtic Tenors

**Where:** Diana Wortham Theatre at Pack Place in downtown Asheville

**When:** 8pm. Tuesday, Oct. 17

**Info:** purchase tickets, call the theatre's box office at (828)257-4530 or [www.dwthetheatre.com](http://www.dwthetheatre.com)

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## LIVEMUSIC

## Time to take in the heavy trash

BY JAMES CASSARA

It is not easy to argue to your teenage aged peer group that "Johnny Cash is way cooler than KISS" but the Canadian born and raised Matt Verta-Ray used to do that very thing.

Such contrariness set the pattern for what was to come and has served him well. Years later, having decided to cast his fortunes in the music business and head to New York, he put his theory into extreme practice by thumping his bass with Madder Rose and later creating a stabbing electric guitar style with Speedball Baby. This sort of convoluted career path continues to the present: When not perpetrating his twisted brand of twang on the road, Verta-Ray can be found twirling the knobs in his Brooklyn studio for such on the edge performers as Andre Williams and the admittedly XXX rated Rudy Ray Moore.

At one time he even recorded with



Heavy Trash

Robert Quine, the late and deservedly fabled guitarist of television, Lloyd Cole, and far too many incarnations to list.

Enter into the picture Jon Spencer, himself an artist who refuses to rest on past accomplishments. Following the demise of his volatile garage band Pussy Galore (obviously named after a Bond girl) Spencer formed The Jon

Spencer Blues Explosion. Nearly 15 years of unexpected success—both commercially and critically—later he continues to prove himself one of the most innovative performers in rock and roll.

Both on the stage and in the studio Spencer has happily demolished and reconstructed American roots music with such abandon it is hard to believe that there is much left. But such manic energy can hardly be contained within a single band, which

is where Heavy Trash comes in.

Proudly heralding back to the fabled days of Glam Rock the pair have teamed up, promising an unabashed free for all of loud music, the sort that seems to have inexplicably fallen out of fashion. No mere side project it is, in their own words, "Raw intentions live and up close, a modern echo of vintage noise, and a lasting impression of sex and rock and roll."

## If you go:

**WHO:** Heavy Trash, opening up for The Sadies.

**WHEN:** Wednesday, Oct. 4, 9pm.

**WHERE:** The Grey Eagle Music Hall, 185 Clingman Ave. Asheville

**INFO/TICKETS:**  
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## LIVE OPERA

# Love is in the air at Asheville Lyric Opera

BY DENNIS RAY

The Asheville Lyric Opera Company begins the first of three full productions in their expanded 8th opera season with Donizetti's

*L'Elisir d'Amore* (The Elixir of Love), sung in Italian with English subtitles (8pm on Oct. 27 and 28 at the Diana Wortham Theatre.

Donizetti's well-known bel canto opera is a comedic love story that revolves around a fake love potion with powerful effects. The opera will feature new and veteran voices of the ALO Company, including soprano and Asheville native Amanda Horton in the role of Adina. The entire family will enjoy this story of love's mishaps and funny tactics that resolve in a jubilant ending in this famous comedy of errors.

*L'Elisir d'Amore* (The Elixir of Love) Opera, in two acts. Music by Gaetano Donizetti; words by Felice Romani. First produced in Milan, Italy on May 12, 1832.

This opera takes place in a quaint village somewhere in Italy where a young woman, Adina, is choosing between two sweethearts, Nemorino, a farmer, and Belcore, a recruiting sergeant from the next village. Nemorino purchases a bottle supposed to contain "the Elixir of Love," but which is only ordinary wine, from a traveling salesman.

Being eager to put the Elixir to work, Nemorino swallows the entire contents of the bottle. He becomes drunk and makes a fool out of himself. Adina is shocked at his unseemly behavior and declares she will marry Belcore. The marriage contract is to be signed the next day, and Nemorino, in despair, seeks a second bottle of Elixir since the first one didn't work the way he had wanted it to.

*L'Elisir d'Amore* (The Elixir of Love) will feature a unique combination of regional and international opera singers.

Adina, the wealthy landowner is played by Amanda Horton, soprano. A graduate of Asheville High, she earned her Bachelor of Music degree in Voice Performance from Furman University and her Master's degree in Opera/Voice Performance from Shenandoah Conservatory in Virginia. During graduate school she sang the roles of Gretel (*Hansel and Gretel*) and Monica (*The Medium*) with the Shenandoah Opera

Theater. Recent engagements include the Dewfairy (Hansel and Gretel) with Charleston Symphony.

Nemorino, the local farmer in love with Adina, is played by Jonathan Hodel. During the last three seasons, Hodel has performed the roles of Pinkerton in *Madame Butterfly*, Don Jose in *Carmen* and Rodolfo in *La Bohème* with Asheville Lyric Opera.

Dulcamara, the traveling medicine man, is played by Ardean Landhuis. A Minnesota native, Landhuis has over 20 years professional experience in the performing arts, working across the country with a variety of concert, theatrical and industrial productions.



## If you go:

WHO: Asheville Lyric Opera

WHAT: *L'Elisir d'Amore* (The Elixir of Love)

WHEN: Oct. 27-28, 8pm

WHERE: Diana Wortham Theatre2 South Pack Square in Asheville

INFO/TICKETS:  
(828) 257-4530

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## CD REVIEWS

# Greatest hits from some great bands

BY JAMES CASSARA

*Be it given one star or five if it gets mentioned here you can bet it's worth at least a listen. Let me know you're out there: email me at JJCassara@aol.com with your comments and receive a disc or two absolutely free. I even pay the postage. This time around, I focus on a few greatest hits repackages as well as some welcome new discs.*

**Leigh Nash  
'BLUE ON BLUE'  
One Son/Netzwerk  
Records**

You may not know Leigh Nash by name but you've almost certainly heard her voice. As the lead singer of the hugely successful Sixpence None the Richer the songstress exhorted you to pucker up to the mega-hit "Kiss Me" while sweetly caressing you with the band's beautifully evocative take on "Don't Dream It's Over."

Alas the group is no more leaving Nash a solo pixie, a role she seems eager to embrace. *Blue on Blue* is a natural evolution of her tenure with the group, honing her craft while searching out her own consistently radiant muse.

The result is a light and melodic record, brimming with concise and sparsely produced tracks that occasionally evoke Sarah McLachlan and Natalie Merchant without sounding derivative of either. Nash brings her melding of roots and folk with pop to the forefront in the cheerful toe-tapping "My Idea of Heaven" - with its quaint melody and reggae-like vibe running underneath the song.

Her balletic flair shines in "Ocean Size Love" -sounding a bit like a cross between Norah Jones and Dolly Parton with better than expected results-and while the album has no real peaks (not to mention anything sounding assuredly like a hit) there are likewise no valleys. "Never Finish" may be the sole nugget of radio-friendly, adult contemporary, but for the most part Nash treads gently into her solo career, giving us that subtle balance of Beatle tempered pop and the sort of dainty lullabies her former band so effortlessly constructed.

Most interesting is the mid-tempo and melancholic "Nervous in the Light of Dawn" which finds her stretching out a bit; working in a slight orchestral flair that accents both the tune and the singer with grace and certitude. The end result can scarcely be called a triumph but neither does it do an disservice to her reputation. In fact, *Blue On Blue* portends a future that suggests hers is a voice we'll be blessed to hear for years to come. \*\*\*



**The Go Between  
'THAT STRIPED SUNLIGHT SOUND: LIVE AT THE  
TYVOLI, BRISBANE 08-06-05'  
Yep Roc Records**

This curiosity piece is an essential document for fans of the Australia based band whose fortunes could never matched their talent. *That Striped Sunlight Sound* -a sentiment co-leaders Robert Forster and Grant McLennan often used to describe the band's sound-captures a pair of August 2005 evening shows done at the Tivoli Theatre in their hometown of Brisbane.

The first night places the two up close and personal, playfully running through acoustic versions of "Black Mule" and "Clouds", but it's when the band emerges on "Boundary Rider," that the magic truly begins. Carrying on through "Born to a Family" and "Streets of Your Town," the quartet sounds even more urgent and cohesive on-stage than in their late period studio recordings. Standout tracks include "Here Comes a City," "The Devil's Eye," "People Say," and "Karen," each performed with spirit on a inspired, loose, lively, and special evening. While the CD component to the package carries the entire 70-minute show, the bonus DVD is a special "songwriter's session," held on the following evening.

It's a remarkable insight featuring the band playing acoustically, commenting on the process of song writing, the songs themselves, and the band's history. In many ways it's the real gem in the package, including versions of "Lee Remick," the seminal "Cattle and Cane," "Head Full of Steam," "Bachelor Kisses," and a half dozen other cuts.

The intimate charm of this film is irresistible, finding all concerned relaxed and wide open. No pretensions here, just an honest look at what made Forster and McLennan click so beautifully as a pair and as individual writers: It also makes the unfortunate recent passing of McLennan all the more painful, serving as both tearful reminder and eloquent elegy. Either way it's a fitting tribute to a band whose music is virtually unmatched over the past quarter century. \*\*\*\*

**Kate Campbell  
'FOR THE LIVING OF THESE DAYS'  
Large River Music**

While the deft and soulful keyboard work of Spooner Oldham has long graced the records of Kate Campbell it has always been around the edges, adding a touch here or a flourish there to enliven the proceedings. *For The Living Of These Days* marks the first fully realized collaboration between the two: Oldham, whose playing and writing has made him one of the few session men for whom the term legendary rings appropriate, and the Mississippi bred Campbell, critical darling whose records,

while consistently satisfying, have never quite revealed her full potential. Until now, that is. Her latest finds Campbell returning to the rich, deep wells that have sustained her musical journey since 1995's *Songs from the Levee*-an abiding fascination with storytelling, race, religion, history and the day-to-day happenings of people's lives coupled with an ongoing love affair with the musical traditions and folkways of her native South.

Recorded at the hallowed Fame Studios in Muscle Shoals, Alabama, the record oozes with Southern soul. It is a stunning collection of quiet epiphanies, culled from the myriad musical sources that have fueled Campbell's journey: Woody Guthrie's "Jesus Christ," written in a New York City hotel room in 1940, opens the album while setting a theme of the human response to God. Of the original songs-largely co-written between the two-Campbell and Oldham came up with "If I Ever Get To Heaven" after a conversation on the subject. Mylon Lefevre's "Without Him" is a touching confession of the power and necessity of Christ in the life of the singer. While "Be Thou My Vision" is a translation of an Irish song whose words may date to 700 AD but whose sentiment is ever timely.

Other songs, including the twin hymnal entreaties "God of Grace and God of Glory" are equally familiar and just as heartfelt. "They Killed Him," written and made famous by Kris Kristopherson, looks in stunned horror at the murders of Mahatma Ghandi, Martin Luther King and Jesus Christ yet hope in the sacrifices of those who fought for civil rights. Similarly, the African-American spiritual, "There is a Balm in Gilead," is a comforting promise of certain hope and peace in spite of present discouragement and grief. Yet, this is no mere avowal of Campbell's faith in the Almighty: one need not share that faith to marvel at the depth and spark of this record.

When we speak of musicians, we call them "artists" and while this is often right and proper it is only with a cumulative body of work (and/or the passage of time) that can we discern the true artist from aspirant. With this effort Campbell more certainly secures her status as the former, displaying a skill and talent in singing, songwriting, and instrumental performance that has heretofore only been glimpsed at.

Her insight into the human condition, the ordinary and extraordinary personalities of the people who surround us, their daily struggles, failures, conviction, loves, and successes, bespeak of a keen mind at work and play, while avoiding the dogma that too many spiritually based recordings intone. For the *Living of These Days* confirms her status as a true creative force, one whose partnership with the marvelous Oldham make this collection worthy of repeated

'CD's' continued on next pg.



# FRANK HARMON: MODERNISM MEETS THE FARM HOUSE

*Architecture is the triumph of human imagination over materials, methods, and men, to put man into possession of his own earth.*

—Frank Lloyd Wright, 1930.

Architecture is certainly the most unforgiving of the arts. A painting which we've grown tired of can be sold or put away until it pleases our eyes again; a dance persists but for the moment of its actual movement, and there's no way to revisit the actual event, whatever media we might have brought to bear on it. Good or ill, it's gone, ephemeral as dawn. But the artworks of the architect are the very spaces in which we live, labor and play. If they're unlivable, well ... As Frank Lloyd Wright said, "The physician can bury his mistakes, but the architect can only advise his clients to plant vines." (*New York Times Magazine*, 4 Oct. 1953) Vines, unfortunately, won't do much for poorly designed interior space. There, the remedies are more radical – and far more dear.

True confession: way back in the 1960s, when I was a teenager trying to decide what to do with my life, I seriously considered becoming an architect. It seems like a curious consideration, looking back; there were no buildings in Charlotte that I knew of that excited me with their redefinition of structural dynamics.

I had encountered, though, the work of Frank Lloyd Wright through his writings on the "natural house" and through photographs of his structures in the books I sought out about the man.

I think I recognized in him, however little I knew about the field in which he worked, a great auteur, a creative original. Part of my psyche has been fascinated by architecture ever since. When I went to Buffalo, New York, in 1968, one of the city's several attractions was that it was home to Black Mountain College poet

Robert Creeley, but another was the location of several of Wright's prairie-phase homes. The State University of New York, in fact, had just the year before acquired the Darwin D. Martin House Complex, built between 1903 and 1905; the University used it as its president's residence. The president often opened it for receptions and parties, so several times I had the pleasure of visiting and exploring, between glasses of wine and conversations about the topics of the day, that magnificent old building, which still contained, if memory serves, some pieces of the original furniture that Wright had designed for it.

That active interest in architecture has been dormant for some years now, as creative energies found other channels, but the new *Thinking Ahead* exhibit at the Black Mountain College Museum + Arts Center has certainly stirred it up again. The show offers tantalizing glimpses of the work of a few of the modernist architects associated with the college who worked in the same era as Wright to reshape our experience of lived space, and create a new architecture, one freed from classical traditions. On Oct. 26, Raleigh architect Frank Harmon, FAIA, whose firm was selected by *Residential Architect Magazine* as the 2005-2006 Residential Architect Firm of the Year, journeys to Asheville to speak on the subsequent development of Modernism in our own era, in the south of farmhouses and traditional vernacular structures. It's a subject he should know well, since his own work clearly takes the Modernist project as its initial premise.



Frank Harmon

Given that Harmon's firm has been selected to develop the new UNCA Crafts Campus north of town along the French Broad River, his presentation should spark significant interest in our fair mountain city.

I've not yet set foot in a Harmon building, but his firm's website offers an extensive collection of photographs of his projects through the years, both small projects (there's even a dog house, or dog box, as the site qualifies it) and large – as in the very attractive 70,000 square foot renovation and addition to the NC Farm Bureau in Raleigh. It's an impressive body of work, a unique blend of Modernist aesthetic and vernacular values. It manifests decent respect, even affection, for the materials of structure (especially wood, often exposed to great effect). The Farm Bureau project, with its emphasis on open space and its artful use of interior columns, reminded me (given that Frank Lloyd Wright's work is still an important point of reference for me), for all the apparent difference of scale, of Wright's office projects, such as the Johnson Wax building in Racine, Wisconsin, with its graceful columns and cantilevered ceiling.

He seems to be able to make even compact buildings feel open and expansive, and yet his work (as revealed at least in the photographs) can convey also a sense of shelter, something sometimes hard to come by in a typical Modernist structure. It's that rare combination of qualities, the tension between the vernacular and modern, that led a juror in the AIA North Carolina competition in 1999 (when Harmon won three out of the four Honor awards for which he was entered) to remark, "I don't who this guy is, but he's either a genius or a schizophrenic."

In an interview for a recent article in *Residential Architect*, Harmon attributes his approach to his mentor of many years, Harwell Harris. "What people thought was cold and threatening modernism, he made

warm and approachable," Harmon says. "Harwell was a big influence on me in this way: he taught me that every client and every situation is different and new. And it is the architect's job to understand the needs of every situation and every client. He loved to say that the house is a portrait of the client. He was a very important person to me – still is."

Harmon seems to have mastered that art of portraiture, and to be able, as Wright had it, to put his clients in possession of their own earths.

It should be an enlightening evening.

## If you go:

**What:** Frank Harmon, *The Bauhaus + The Farmhouse: Reflections on the Modern Movement in the South*.

There will be a reception and silent auction to benefit BMCM+AC. Co-sponsored by AIA Asheville and the UNCA Office of Cultural and Special Events.

**When:** Thursday, Oct. 26, 7:30pm

**Where:** Broadway Arts Building, 49 Broadway, downtown Asheville.

**Admission:** \$12 or \$6/students. Free parking for the event at Home Trust Bank.

*Poet and computer consultant Jeff Davis is a board member of the Black Mountain College Museum + Arts Center. E-mail Davis at [jeffbdavis@gmail.com](mailto:jeffbdavis@gmail.com). For more info visit [naturespoetry.blogspot.com](http://naturespoetry.blogspot.com)*

'CD's' continued.

listens, reveling in the enjoyment and re-discovery of her vision. \*\*\*\*\*

## Dan Bern 'BREATHE' Messenger Music

It's not in Dan Bern to craft an album that feels undeveloped and truly misguided, but *Breathe* never coalesces in quite the same manner as such recent gems as *Fleeting Days* and *New American Language*.

Though the outing begins and ends in

a promising fashion, its middle section not only suffers from a lack of insistence, but also loses sight of its' own presumed narrative thread. Too much of the album sounds sloppy and half baked, as if Bern and producer Ryan Freeland never quite came to terms of agreement.

"Tongue-Tied" finds Bern woefully lifting from John Lennon while the Elvis Costello like "Rain" is little more than infectious filler. Throughout his career Bern's songwriting has occasionally sounded derivative, and while he has shown himself capable of building sturdy

melodic refrains, they frequently do little to counter his reputation as "the latest new Bob Dylan."

Typically, though, he's turned his deficiencies into strengths, carefully dismantling the arrangements of his influences' material and using the parts to support his own sharply worded, stream of consciousness lyrics. Not surprisingly, all four of this efforts highlights-the title track and the killer trio of "Trudy," "Past Belief," and the marvelously convoluted "Feel Like a Man," —serve as prime examples of his capacity as a songwriter.

On each he effectively skewers the corrosive nature of western society's materialistic culture, even as he searches for something that is more meaningful to satisfy the emptiness in our souls.

If the rest of *Breathe* were as poignant and focused, it might have stood as Bern's finest effort to date. Instead, its inconsistency considerably tempers the forward momentum of his past few albums, making it a frustratingly uneven excursion that vacillates between being wholly essential and pleasantly irrelevant. \*\*1/2





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**FRI., 10/6, 7PM: LISA TEASLEY  
READS 'HEAT SIGNATURE'**

**SAT., 10/7, 3PM: ELIZABETH MASS  
SIGNS COPIES OF 'WAKE UP YOUR  
POWER'**

**SUN., 10/8, 2PM: ROBERT HICKS  
READS 'WIDOW OF THE SOUTH'**

**SAT., 10/14, 7PM: CHARLES  
FRAZIER SIGNS COPIES OF HIS NEW  
NOVEL 'THIRTEEN MOONS'**

**THURS., 10/19, 7PM: INGA MUSCIO  
READS 'BLUE-EYED DEVIL: MY  
LIFE AND TIMES IN A RACIST,  
IMPERIALIST SOCIETY'**

**SAT., 10/21, 7PM: AMY SEDARIS  
READS 'I LIKE YOU: HOSPITALITY  
UNDER THE INFLUENCE'**

**FRI., 10/27, 7PM: DOUG MARLETTE  
READS 'MAGIC TIME'**

**SUN., 10/29, 2PM: VIKKI STARK  
READS 'MY SISTER, MY SELF'**

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## Parents take note: This book is close to perfect

**Book of the Month**  
*Suzi-Q: Anan's  
Daughter*,  
by JaiLeen Shepherd  
Reviewed by Beth  
Gossett



**I**nspiring as always,  
author JaiLeen Shepherd  
certainly does not disappoint her fans  
with her latest offering and the final  
novel in her *Lea Trilogy*, *Suzi-Q*:

*Anan's Daughter*.

Suzi-Q, daughter of Anan, who was a  
great horse teacher who went on to the  
Creator after giving birth to Suzi-Q, car-  
ries on her mother's special brand of love  
and understanding with every creature she  
encounters. Upon her acceptance into The  
Forest, her father, Bo, introduces her to  
Auntie Bailee, who nurses her as she nurses  
her own foal, Ash.

Ash was born too early and her back legs

are crippled, but Suzi-Q takes to Ash  
and looks after her and in doing so they  
become the best of friends.

Ash, a very strong willed filly, cannot  
stand being waited on by others or being  
thought of as less of a horse than the  
others in The Forest. Together with the  
help of Suzi-Q and another horse friend,  
Harry, Ash begins to try to strengthen her  
body and her legs and learn to walk and  
eventually to run like all the rest.

Ash has a secret dream, to trek to the  
great ocean and to swim with the whales  
and the dolphins.

One day as the two fillies are working  
out by the pond, a strange thing happens.  
The young horses encounter their guardian  
angels who inform them that a very special  
bumblebee, Dr. Zhao can help cure Ash  
and make her better able to strengthen her  
back legs and that they must go in search  
of a special bison of the Plains, St. William  
Buffalo.

After Ash regains the full use of her legs  
and through the help of the ultra-charis-  
matic Suzi-Q, the fillies head off on their  
adventure to go to the ocean to swim with  
the whales and dolphins...and learn from the  
wisdom of St. William Buffalo, the famous  
wise white buffalo of the Plains.

St. William takes the girls, whom he  
refers to as "Heart and Soul," since Suzi-  
Q is all heart, and Ash has the soul of a  
lion and could conquer any fear, under his  
knowledgeable wing and teaches them all  
about the Creator and his plan for the ani-

mals of the world. The girls are given the  
task to spread love wherever it is needed  
and to help teach in the ways of the Creator.  
Soon, however, St. William warns the fillies  
that evil is coming their way and that they  
must begin their trek to the ocean now, or  
they could forever be lost. The young hors-  
es want St. William to come with them, but  
he refuses, saying he needs to stay with his  
disciples and protect them as best he can.

The fillies finally make it to the ocean  
where they experience swimming with the  
dolphins and meeting one of the greatest  
creatures they have ever met, Robiyana,  
Mother Queen of Whales, and the greatest  
teacher of the oceans. Even though Mother  
Queen of Whales should have migrated  
north by the time the fillies reach the beach,  
she is there not to greet and teach them, but  
to give birth to her heir, the Princess India  
Rose, which the fillies are fortunate enough  
to meet soon after her birth.

*Suzi-Q: Anan's Daughter* is uplifting  
reading adults and children alike can learn  
life lessons from. Shepherd has done an  
excellent job in taking normally hard issues  
to broach with children and making it easy.

*Suzi-Q: Anan's Daughter* is a book that  
parents should sit down and take time to

JaiLeen's books can be purchased  
through local bookstores or online at  
the author's website:  
[www.tictocproductions.com](http://www.tictocproductions.com)

## Author's life too horrible to read

*Cursed From Birth, The Short, Unhappy  
Life of William S. Burroughs Jr.*  
Edited and Compiled by David Ohle  
Reviewed by Beth Gossett

**I**t's possible that *Cursed From  
Birth* may be one of the worst  
books I've ever had the dis-  
pleasure to read.

The novel is a compiled  
mishmash of letters, journal  
entries, postcards and other inco-  
herent drivel written by author,  
junkie and alcoholic William S.  
Burroughs, Jr. (and a host of lifelong com-  
panions and relatives such as his father,  
William S. Burroughs, *Naked Lunch*, Allen  
Ginsberg) that Editor David Ohle had the  
misfortune of reading, organizing and com-  
piling into anything that anyone would be  
remotely interested in reading.

As with any novel, the goal is to either  
teach something, give insight into some-  
thing or someone, or entertain. In the case  
of *Burroughs*, I believe it was the intention  
of Ohle to give a reader insight into the  
life of the younger Burroughs and some-

how extract pity or understanding into the  
author's life and make them more open to  
seeing that it was his life's events, how he  
was raised by a junkie father who acciden-  
tally killed his mother in a drug-affected

game and how he was forced to  
live his life as a junkie, and how he  
ultimately died from years of abuse  
to his body. However, I was never  
moved to pity for the man. I never  
felt anything but revulsion for the  
way the man lived. Although he  
spent several (and I do mean several)  
stints in rehab and detox...and made  
attempts to "live a normal life" by

becoming a chef, a truck driver and  
a variety of other things, it never lasted very  
long, and he was always aided back into a  
life of drugs and alcohol by enablers like  
his father and his lover, Allen Ginsberg, his  
wife Karen and many others.

Ultimately, Burroughs, Jr. wound up get-  
ting cirrhosis of the liver and having a trans-  
plant that with his continued and unbridled  
abuse caused multiple cases of throat hem-  
morrhages and may have consequently, attrib-  
uted to his death.



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## BOOKS &amp; PAGES

# A behind closed doors look at the largest US pharmaceutical company

*The Whistleblower*  
*Confessions of a Healthcare Hitman*  
 By Peter Rost MD  
 Revied by Kelly Hillside



*"A drug company executive is about to blow the lid off the pharmaceutical industry. The anonymous writer is working on a book that will disclose 'a number of mind-numbing industry practices,' we're told, revealing 'everything from sex in the corner office to private investigators spying on employees, company phone surveillance, FBI investigations and financial shenanigans resulting in million-dollar payouts....'"*

— New York Post

A number of books critical of the pharmaceutical industry have recently been published, but none has been written by a senior executive of the world's largest pharmaceutical company, Pfizer.

*The Whistleblower* is at once an

unmasking of how corporations take care of malcontents and a gripping story of one man's fight to maintain his family and his sanity.

Until now, Dr. Rost's legal battle against Pfizer has not been disclosed, but his public efforts to legalize reimportation of drugs have been documented in hundreds of newspaper articles, from The New York Times, to the Washington Post, USA Today, and the Los Angeles Times. He has also participated in scores of radio and television interviews, from 60 Minutes to CNBC, ABC, CBS, NBC, and FOX News programs.

Journalists and news anchors have repeatedly asked how a senior drug company executive—a vice president at Pfizer—could speak out in favor of reimportation of drugs, against the wishes of his employer, and still have a job.

*The Whistleblower* might not shock everyone, but it should make all readers question what goes on behind corporate doors. It begins in 2003 when Pfizer takes over Pharmacia, where Dr. Rost worked, and details the insidious techniques Pfizer used to terminate more than 10,000

Pharmacia employees.

It reveals illegal, and even criminal business practices at Pharmacia, which Rost brought to light during the Pfizer acquisition, resulting in the FBI, the FDA's Enforcement Division, the Justice Department, the New York State Attorney General, and the Securities and Exchange Commission all calling him in for questioning over the course of the following year.

As the various cases moved forward, Dr. Rost became persona non grata at Pfizer. But in the post-Enron world of federal sanctions for retaliation against whistleblowers, he couldn't be fired or demoted, although he lost his department and was moved to an office next to corporate security.

He is a department of one, a man whose job it is, in effect, to carry forward the cases against his employer.

Peter Rost has written several books as well as numerous op-eds for newspapers, including *The New York Times*, the *Newark Star-Ledger* and the *Los Angeles Times*. He is a physician who has spent 20 years in business, marketing drugs in the US and Europe.

He has testified before the US House of Representatives, the US Senate, as well as before the Maryland senate, the Maryland house of delegates, the Vermont senate, the

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## C.W. Moose begins 5th year in Black Mountain

### From Staff Reports

C.W. Moose begins its fifth season with lots of new and exciting products including shoes and sandals.

"After finding out that the most requested item at the Chamber was a shoe store, I decided to add shoes to our selection," said owner Roger Weller.

C.W. Moose carries a large selection of items. Hats, handbags, scarves and beautiful hand-stitched quilts are some of the best selling items. "We found many new items at the buying show this year. My favorite item we found is the shoes and sandals by Clarks of England," Roger said.

Other items "The Moose"

will be stocking this year are micro chenille sweaters; guitar, banjo and mandolin music boxes; and a collection of dachshund, pony, motorcycle, and guitar figurines.

New designs will be offered in their existing merchandise line including handbags, exceptional silver jewelry, travel accessories, wallets and briefcases, belts, hats, and handcrafted quilts.

"Silver has gone up quite a bit since I purchased ours, but we decided not to raise our prices,"



Roger and May standing outside C.W. Moose

Weller said.

"We welcome you to come by for a visit," May, Roger's new wife, said. "We also have new designs in

our t-shirts and sweatshirts, night-shirts and boxers, as well as other clothing. We'll be getting new jackets and vests later this season. We have an expanded collection of knives, sunglasses, socks, and Healthy Back Bags plus new home décor and gift items."

C.W. Moose is located at 111 West State Street, on the corner of State Street and Cherry Street in downtown Black Mountain. The store is open Monday-Saturday from 10 a.m. - 6 p.m. and Sunday from 11 a.m. - 5 p.m.

Call (828) 669-1961 for more information.

"The best new thing this season is finding May and having her help me with the business. I hope you will come by and meet her," Roger said.

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## POETRY

# The poetry of Rose McLarney

EDITED BY JEFF DAVIS

*A note from the editor: From time to time we'll feature poets, some known, some not, who've provided a body of work that seems to merit more complete articulation than a single poem could provide. Our poet this month is Rose McLarney. Her craft is quick and razor sharp, and her voice already echoes with a wary, insightful maturity that would do anyone proud.*

## BREAD BASKET AND BACKBONE OF THE COUNTRY

On the porch, speak the language of red velvet  
and pound cake, the piece of the American South,  
which is not displacement, politics, or economy.  
For the cream cheese icing, do you add butter too?  
But don't let the sugar go through and through.  
Say, Six eggs, Sift the flour, My at the lilacs,  
while remembering finding a hummingbird, its neck  
broken, caught between two blades of a heritage iris.  
Listen carefully when the conversation turns  
to staking peach branches. Learn to keep the trunk  
from cracking under the weight of its own sweet fruit.

## INFORMAL

If I were a sculptor, I'd throw down my chisel,  
knowing myself needless beneath the shape

of a tree. But a goat only smiles, spits, scratches  
his horns on it. He's free of envy. I want

to close my eyes and rest my head just  
on a texture. A dandelion, bloomed out, blows

bare. In one gust, its purpose is done. Born  
by filaments a breath and blade away, offspring

at once find their place. Take back my inheritance,  
the wings that can cross oceans and the statues

that once inspired and stand expectant. Leaves  
gust and I can hear the flight, sense the moving

light, without looking.

## BURROW

How long does it take to get there, what  
can be made out of leftovers, trivia,

Why do we yawn? Less than an hour,  
soup of some sort, lack of oxygen, maybe—

questions don't matter now. It is that time.  
I have settled, been insured, in title and deed,

given keys, and closed. I've bought a house.  
I painted it new skins of my choosing,

Malaysian Green, Greek Sea. Still, nothing  
foreign. Houses have set ways, rooms their places.

Dining next to kitchen. A window over the sink;  
you'll be standing there a while. A bed,

a bath, no doing without that. And I wouldn't  
have it otherwise, unfamiliar like the first

night, feeling along walls for the light  
switches. Of course, day came, the seasons,

the same. This fall, I can be sure here,  
as elsewhere, blueberries grow dry and cold,

after and above jewelweed in ditches.  
On the lawn, a rabbit stills, suspending

movement and moment. Preservation  
is her interest, not to be seen. She has no

inquiry of me. She may anticipate  
my going, springing into action, and away.

But I hope this holding, this hush, is in itself  
enough when the desire is just to be

no different, be the brown of surroundings.  
Owls, hawks, what is above her terrifies.

She does not wish to rise higher.

## CLUSTERS' ROOTS, I WORK APART

Bodies are ringed round  
in raining night, below

in the meadow, manly voices  
booming to me. They must be

cleaning a deer. I've never been  
hunting, can't claim a kill or the

custom. You could say I can't  
get to the center of a thing

in the way of a gutting. But  
though my back may ache

only from digging to the depth  
daylilies require, night and

necessity, work and worry--  
I am wise of them.

I deadhead flowers and thin  
too, like this body, my own

ribs the rack to pursue.  
I watch. I have windows.

The world comes in,  
the warmth goes. I know.

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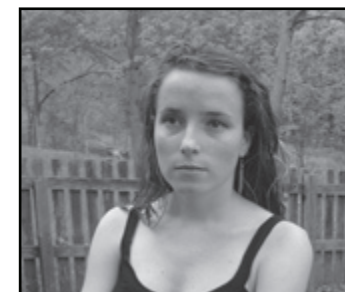
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Canton, NC 28716



*Rose McLarney and her goats, chickens, and Siamese cats live in Madison County, North Carolina. With the exception of parts of her childhood spent in Central America, Rose has always lived in western North Carolina. She works at Lark Books in Asheville.*



## THEATRE

# Spine-tingling mysteries come to ACT's 35-Below for October fun

BY BETH GOSSETT

The North Carolina premiere of the “stylish, spine-tingling” (*New York Times*) *The Mystery Plays* opens this month at Asheville Community Theatre’s intimate venue, 35below.

Described as “a stylistic *Twilight Zone*” by *The Village Voice* and “a dandy narrative, full of offbeat characters, I-see-dead-people creepiness and a twist or two” by *Variety*, *The Mystery Plays* is written by Roberto Aguirre-Sacasa, one of the theatre world’s fastest rising stars and a writer for the *Fantastic Four* series for Marvel Comics. *The Mystery Plays* opens Thursday, Oct. 5 and runs through Saturday, Oct. 28 with performances Thursday – Saturday at 8pm at 35below, the black box theatre downstairs at Asheville Community Theatre.

*The Mystery Plays* is two interrelated one acts, loosely based on the tradition of the medieval mystery plays. In the

first play, Joe, a director of horror films, survives a terrible train wreck—only to be haunted by the ghost of one of the passengers who *didn’t* survive. As the police investigate Joe, he is desperate to understand why he survived and what the specter could possibly want.

In the second play, Joe’s attorney and friend, Abby Gilley, travels to a small town in rural Oregon to make peace with the man who brutally murdered her parents and younger sister 16 years earlier. The man—the murderer—is her older brother.

Like the original medieval mystery plays, *The Mystery Plays* wrestles with the most profound of human ideas: the mysteries of death, the after-life, religion, faith, and forgiveness—in an uniquely American way.

The show is directed by Michael Lilly. The cast consists of six local actors who have been seen on various stages throughout Western North Carolina: Stephanie Hickling, Cory Boughton (*Limonade Tous les Jours*, *Bachelor Pad*), David Hanna

(Montford Park Players’ *Hamlet*), Raphael Siary (*A Few Good Men*, *Sideways Stories from Wayside School*), Hope Spragg (Scapegoat Theatre Collective’s *Most Fabulous Story Ever Told*) and Joyce Wood.

## If you go:

**WHAT:** *The Mystery Plays*

**WHERE:** 35below at Asheville Community Theatre, 35 E. Walnut St, Asheville

**WHEN:** Oct. 5-28, Thurs.-Sat. 8pm

**TICKETS:** \$15, \$10 students  
Box Office (828)254.1320

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## North Carolina Stage Company Opens 5<sup>th</sup> Season with *The Dresser*

North Carolina Stage Company, Asheville's professional theatre company, celebrates the opening of its 5<sup>th</sup> season with *The Dresser*, a play about the power of live theatre. Playwright Ronald Harwood went on to later fame as the Oscar-winning writer of *The Pianist*, starring Adrian Brody.

*The Dresser* takes place in England in the winter of 1942, during a production of Shakespeare's *King Lear*. Sir is an aging actor who runs a touring Shakespeare company, with the help of Norman, his loyal dresser of 16 years. The Blitz is raging outside, the best actors have been drafted, and Sir might be losing his mind but the show must go on.



When things look their darkest, Sir's wife and co-star, Her Ladyship, suggests the unthinkable - cancel the show. “Will the world stop turning? Will the Nazis overrun England? One Lear more or less in the world won't make a difference” *The Dresser* reminds us, powerfully, that if just one person in the audience understands, that's enough.

Anyone who has ever been bitten by the theatre bug will recognize themselves in the characters of *The Dresser*. Harwood has written a pitch-perfect script, from the frantic backstage preparations, to the terror of forgotten lines, to the transcendent joy of finally connecting with an audience.

## The Dresser By Ronald Harwood

October 11-29, 2006

*The Dresser* “burn[s] with a love of theater that conquers all.”  
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## MORE FINE ART

# Impressions of the figure

By PAULA BOLADO

Ever since early humans were able to express creativity through art, the human form has always been a subject central in recording a way of life.

These early creative studies are the early European pictographs on cave walls detailing hunting and religious rituals, to the discovery of The Valley of the Kings, where we found Egyptian sarcophagi layered in gold. They are the Persian angels or Christian cherubs on church walls, or the Madonna and Child in every religious text. When people first learned to use art as a medium for expression and imagination, the human form emerged as a reoccurring symbol of cultural distinction. From the religious icons and baroque paintings of Sandro Botticelli and Peter Paul Rubens, to the expression of social unrest and human debauchery of Edvard Munch and Francis Bacon, to the recorded moments of love and affection of Gustav Klimt and Mary Cassatt, the way these artists perceived humanity, then painted it, left an impression in the way we find ourselves perceiving the world around us. Do we agonize over political change through rapid brushstrokes, or do we share our joy through the birth of a child through soft colors? As artists, we are historians, sharing a generation, a year, even just one hour with others.

The first of the lecture series Gallery 86 of the Haywood County Arts Council will offer is an observation of the human form



Dan Helgemo "Churchmaid's Rest" oil on canvas ([www.dhelgemo.com](http://www.dhelgemo.com))

in art. During the week of Nov. 13-18, there will be Monday - Thursday afternoon workshop of lectures from professional instructors in humanity studies discussing the historical developments to the contemporary interpretations of the human form in art history. An evening workshop in life studies will cover aspects of the female and male form in drawing.

## If you go:

**WHAT:** The Figure in Art Workshop and The exhibit "Impressions of the Figure"

**WHEN:** November 13-18

**WHERE:** Gallery 86 of the Haywood County Arts Council

**INFO/PRICE:** (828) 452-0593 Weeklong workshop is \$60 and includes refreshments. The cost of the figure Saturday painting class is \$50 and includes lunch and refreshments.



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Teapot by Kaaren Stoner



# MORE FINE ART

## Ceramic art captures the autumn season

By BETH GOSSETT

Ceramic wall art by Maggi Fuhriman of Juliaetta, Idaho, will show at Twigs & Leaves in October. The opening on Friday, Oct. 6, is part of the Waynesville Gallery Association's Art After Dark promotion.

Included in the show are single ceramic tiles and groupings of tiles in quilt-like patterns.

Noted by historians, quilt makers interpret their surroundings and tell stories using squares of fabric. Maggi Fuhriman reflects her passion for leaves. In almost every



Ceramic tile work by Maggi Fuhriman

instance, Fuhriman uses a leaf motif as a background for the tile, sometimes as a subtle suggestion of a pattern, sometimes as a heavy relief.

Combining the leaf design with a variety of glaze colors and textures, Fuhriman realizes a great variety of color, pattern and texture. The results are striking.

Visitors are welcome to the Twigs & Leaves gallery

for an opening reception on Friday, Oct. 6 from 7-9pm. The feature show runs through the end of the month.

Located: 98 N. Main Street in downtown Waynesville. (828) 456-1940.

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# WINE & DINE

## A new wine bar gets it right — plus, anticipating wine with friends

BY MICHAEL PARKER

A wine bar almost always sounds like a good idea. Most people I know, especially the wine lovers, would agree.

We want them because we want to have more wine, to experience more varieties. Wine's image is something we want to be a part of — not the stuffy image, but the still-sophisticated, nicer-things-in-life image.

However, with what seems like a majority of people letting on they would be supportive of such an idea, many don't seem to actually do it. I have never really been able to discern what really is behind this reluctance, except that it must be a combination of things.

In Asheville, it may have something to do with an odd angle to our temperament. We like wine (hell, we love it — wine sales prove it), but we are also a big drinking town — that means beer and liquor and their accompanying environments in bars with all ABC permits.

Wine bars are typically nonsmoking, and the bar-going crowd I know are generally a bunch of smokers, perhaps wine bars are generally too squeaky clean or give the impression that customers are expected to focus on the subject, in business attire.

I wonder if would-be wine bar customers have been turned off by wine know-it-alls and fear those people will be there, or maybe it just comes down to money. Really, wines by the glass have gotten very expensive in many restaurants around here, and for that reason, I often just order a beer in a fine dining room.

Let me tell you about Carla, Rob, Scott

and Terry, four local risk takers who recently opened a wine bar in the northeast

corner of the Grove Arcade. I think they have delivered the wine bar we want, called Santé.

The formula is quite a list: a smart, if odd space with defined areas for gathering and conversation, and very approachable wine prices. Add to that, a clever food menu offering small plates not served elsewhere for less than anyone locally charging for tapas. Also, the immediate local support (the essential ingredient you cannot take for granted) is obvious, and this place is at the far end of what is becoming a restaurant row along the Page Avenue side of the Grove Arcade.

Did I say wine prices are approachable there? Pardon me, but they ROCK! The selection is far from the mainstream labels, a careful collection of smaller labels not found in big stores. There is a small beer selection as well, and some specially selected non-alcoholic drinks.

I have repeatedly found Santé to be a smart venue for conversation and good wine without intrusion from the academic or stuffy side of wine. We should support this place. In fact, you probably will. It will likely be where you go before the dinner planned for somewhere else and end up staying right there, and spending less money.

Simply put, Santé has successfully created a good social space. Wine is there, and it's good, too.



That pleasant social space is why I write in advance of a wine dinner, with old wine loving friends. The

venue: my dining table. The formula: our anticipated conversations about anything and everything, plus we have designed the event to feature superior wines. We'll talk about those, too.

That is what makes the dinner successful; we won't just talk about the wine. There will be varying degrees of enthusiasm about the subject, and when guests who have little to say about wine know there are other topics ahead, plus more great food, the gathering is a success.

### SHANNON WILL BRING:

**Taittinger** Brut Prestige Rosé Champagne, see your local wine shop for a special order of this or ask about pink champagne choices on hand.

### EMILY WILL BRING:

**Brochelle**, Zinfandel. This soon-to-be-if-not-already cult wine may steal most of the attention. Brock and Michelle Waterman (Bro-chelle, get it?) are known for pulling an amazing amount of flavor from their old, head-pruned vines.

### I WILL ADD:

Various single-vineyard zinfandels from 8 - 10 years. This is the benefit of setting wines aside. The wine geeks at the table love the experience of something so rare, while the guests who know less are just happy to see an old date on the label.

In yet another wine drinking experience, the Asheville Art Museum held its annual wine tasting fundraiser in September. The support for this event is always so good: the local independent restaurants and wine distributors, plus the vast amount of items and services donated for the silent auction.

### HERE ARE SOME GREAT WINES FROM THAT TASTING:

**Gratien** Cuvée Flamme Brut, France (\$16-20) From Saumur, Asheville's sister city in the Loire valley, this has the style of real Champagne.

**Gratien** Cuvée Flamme Rosé, France (\$16-20) As you read earlier, oink fizz is wonderful, with extra berry fruit nuances.

**Yorkville Cellars**, Sauvignon Blanc 2005 (\$13) I love this white wine for its crispness and delivery of wonderful citrus fruit.

**Bidoli**, Tocai Friulano, Italy (\$9) This is a very pleasant white. See your local wine retailer for alternatives to chardonnay and sauvignon blanc, especially from Italy.

**Altitude 500**, Cotes du Ventoux, Rhone, France 2003 (\$10) I was very surprised at such depth from a red from Ventoux. Old vine syrah and Grenache have been very well extracted for this smooth, flavorful red.

**Yorkville Cellars**, Petite Verdot 2003 (\$18) Oh YES! This rare singular bottling of a traditional Bordeaux blending grape is delicious and worth the money, with concentrated yet balanced dark berry fruit. A beautiful bottle of red wine.

## TASTING EVENTS!

### October Tastings

**Vinum Sellers Wine Dinner at the Market Place, Wed. 10/4, 7pm. \$65 inclusive**

**Cabernet Tasting, Wed. 10/11, 7pm. Seated. \$20**

**Australian Wine Dinner at Windows On the Park, Wed. 10/18, 7pm. \$65 inclusive.**

**Syrah-Shiraz Tasting, Wed. 10/25, 7pm. Seated. \$20**

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## FOODREVIEW

# Tomato Jam Café offers healthy great food

BY THE SECRET REVIEWER

Tomato Jam Café  
Ms. Charlie Winder-Chef/Owner  
379 Biltmore Ave., 253-0570,  
www.tomatojamcafe.com  
Hours 8-3pm, Mon-Fri

Tomato Jam Café is one of Asheville's great breakfast and lunch destinations for locals. It is a restaurant where, after your first visit, you become part of the family.

Expect to receive a hearty welcome and a great meal. Since it is located in the Doctor's Park across the street from St. Joe's Hospital be assured that the food is healthy and wholesome; you will find lots of local organic ingredients and no excess salt. It is as easy to *choose* a delicious heart healthy lunch as well as a wonderful decadent lunch such as shrimp and grits or meatloaf with creamy tomato gravy.

If you are looking for a formal dining experience you won't find it here; this place is like walking into Mama's kitchen. Check out the regular menu and don't miss the specials posted on the board. Orders

are placed at the counter and the drinks and silverware are self-serve. You may sit wherever you like. Once your meal is ready the great staff will bring it to you. And just like at Mama's house you will have to clear your own table.

Check the web site on Monday for the weekly daily specials and go early. They often sell out of the specials before noon.

## THE DETAILS:

- **Ambiance**-The dining area is small and cozy with approximately 12 tables, lots of windows, and cookbooks on the windowsill to peruse as you dine. There are no table cloths or fancy decorative touches, just a simple quaint décor with a tomato theme.
- **Cleanliness**-Very clean and orderly, the kitchen is small but well organized
- **Sanitation** Rating-99
- **Service**-Very casual and easy going
- **Food**-Wonderful, prepared with love. Try the fresh tomato jam on the table with your meal.
- **Price range**-Under \$2-8 for breakfast and \$10-13 for a lunch entrée, drink, dessert, and tip

## MY FAVORITE DISHES:

- Meatloaf with creamy tomato gravy-I could eat this every day!
- Spinach salad with roasted veggies and walnuts with chicken
- Shrimp and grits- this is a big steaming bowl of cheese grits with caramelized onions and peppers and tender juicy shrimp perfectly seasoned with old bay

- and other spices. It is well balanced and not too heavy or spicy
- Garden salad with a juicy seared chicken breast
- Egg salad sandwich
- Huge biscuits with egg and applewood smoked bacon
- Apple and berry crisps
- Cream puffs

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## FAMILY&amp;LIVING

# Making beautiful music at the Southeastern Harp Weekend

BY BETH GOSSETT

Music lovers take note, one of the Southeast's largest harp festivals, the Southeastern Harp Weekend Folk Harp Trade Show, will be taking place at the Lutheridge retreat center, near the Asheville airport, Oct. 14-15.

The Southeastern Harp Weekend Folk Harp Trade Show is the only venue where music and harp enthusiasts can meet, mingle and learn more about harps and harpers.

During the Southeastern Harp Weekend, open to the public, there will be many fascinating harps, but perhaps the most unique will be a harp crafted out of 45,000-year-old Kauri wood, which has been carbon-dated and its origin traced to ancient bogs in New Zealand. The harpmaker, Dave Woodworth of Heartland Harps, who lives in Zirconia North Carolina, saw an article about the very rare wood in *Fine Woodworking* magazine and was intrigued. Woodworth ordered some Kauri wood and after receiving his order, personally sent a sample to the University of Georgia to be carbon-dated. Woodworth took his Kauri wood, which is surprisingly light, and made a harp which produces a sweet mellow tone and has now created several more custom-built harps out of the same wood. The harp Woodworth created will be on display during the Southeastern Harp Weekend. In addition, music lovers will have many harps available to try. There will be small

and large Celtic harps, lap harps, and "therapy harps."

Bedside harp therapy is a growing field and practitioners use a 26-string harp that can be strapped around the back for ease of movement into small hospital rooms. Most people have never had a chance to touch and try a harp. For many, it is an "awakening," because it immediately produces a beautiful and soothing sound. Small harps can be extended to patients so that they can feel this for themselves.

The public is invited to a free workshop "Try the Folk Harp," at 9:30am on Oct. 15. After the one-hour workshop, participants will be able to experience the exhibit hall for free until noon. Alternatively, a \$10 pass allows access to vendor hall anytime all weekend, Sat. 10:30-6pm, Sun. 10:30-4pm, and includes a workshop on Harp Design and Construction at 11am on Sat. A free pass is also available 2-4pm Sun., near the end of the show. Passes are available at the door.



Frank Voltz

In addition to going to the Southeastern Harp Weekend Folk Harp Trade Show, music lovers can treat themselves to a Celtic harp concert the night of Oct. 14 given by one of the most influential Irish musicians in the world, Máire Ní Chathasaigh. Chathasaigh was the recipient of the prestigious TG4 Irish Traditional Musician of the Year in 2001.

The award is similar to our Grammy Award. Chathasaigh's status as a musician comes from the fact that she single-handedly changed the way that the Irish harp is now used worldwide. Chathasaigh developed new techniques that allowed Irish dance music (jigs, hornpipes and reels) to be played on the harp for the first time in history. These ornamentations allow the harp to mimic the lightning-speed trebles of fiddle and the rolls of Ulleian pipes. The concert will be at the Unitarian Church, one half mile north of I-240 on Charlotte Street at 8pm. Tickets are \$25 and are available at Malprops bookstore, by calling (828) 649-3739, or at the door.

The opening act for the Máire Ní

Chathasaigh concert is pretty unique. It is a jazz gospel harpist from Washington, DC, named Frank Voltz. Most people can't really imagine jazz on the Celtic harp, or gospel music from a man of deep faith that is not played in an angelic mode. But according to Voltz, "This music really wakes them up in the pews!"

## If you go:

**WHAT:** Southeastern Harp Weekend Folk Harp Trade Show

**WHEN:** Oct. 14-15 (Sat. 10:30-6pm, Sun. 10:30-4pm)

**WHERE:** Lutheridge Retreat Center

**WHAT:** Máire Ní Chathasaigh Concert with guest Frank Voltz

**WHEN:** Oct. 14, 8pm

**WHERE:** Unitarian Church, Asheville

**INFO:** Tickets are \$25, available at Malprops Bookstore or at the door (828) 649-3739 [www.southeasternharps.com](http://www.southeasternharps.com)

## HOT CD PICK

# The Health Adventure scores with new CD for kids

BY BETH GOSSETT

Recently, I had the opportunity to preview The Health Adventure's new CD *Momentum, Songs About Science*.

Who knew that songs about science could be so cool? The way the songs are sung and mixed reminds me of when I was a kid and watched *School House Rocks* during Saturday morning cartoons on ABC. To this day, I can sing those songs and remember crucial grammar and math rules. *Momentum, Songs About Science* will do the same for kids of this generation with science information.

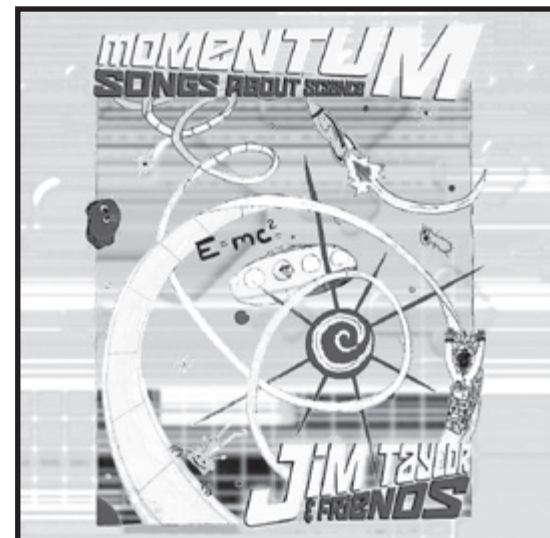
Some of the weighty issues tackled on the *Momentum, Songs About Science* CD are gravity; areas of science that kids can explore like physics, chemistry or paleontology; some of the first scientists like Copernicus, Newton, Galileo, Curie and Einstein; Newton's First Law of Motion; the composition of air and the many different uses for electricity.

The songs themselves run the gamut of musical genres, from folk to rap to bluegrass to country, this CD has it all. The songs were all written and performed by local musicians, Jim Taylor and friends and is sure to be a pleasure to listen to for both parents and kids. I know that I can't wait

until my little one will be old enough to listen to the CD and tell me about everything he's just discovered about the world!

Kids in Western North Carolina will have the opportunity this month to pick up a copy of *Momentum, Songs About Science* at a CD release party hosted by The Health Adventure on Oct. 14 at 1pm. It's sure to be the best time your kids can have while learning something! To reserve your spot at the big shindig, call (828) 254-6373 x 329.

Come on and get your groove on!





## FAMILYEVENTS

## Celebrating Mozart's 250th birthday

BY BETH GOSSETT

**C**elebrating Mozart's 250th birthday, the Asheville Symphony Chorus will present both Requiem and Te Deum in C major, k. 141 on Saturday, Nov. 4, at 7:30 p.m., at Arden Presbyterian Church. The Symphony Chorus will be conducted by

Asheville's Dewitt Tipton, much loved professor and Director of Music Theatre at Mars Hill College and Music Director of the Southern Appalachian Repertory Theatre. Steven Williams, accompanist for the Asheville Symphony Chorus, music faculty at Warren Wilson College and Music Director/Organist at Warren Wilson Presbyterian Church will perform



Wolfgang Amadeus Mozart (1756-1791)

Andante in F major, K. 616. Guest soloists will be, Susan Hensley, soprano, Jane McCoy, mezzo-soprano, Alan Reed, tenor, and Jonathan Ross, bass

Wolfgang Amadeus Mozart (1756-1791) began writing the final composition of his short life during the fall of 1791.

Ironically, it was a requiem mass commemorating the death of the young wife of Count Franz

von Walsegg-Stuppach.

It would not be long before Mozart was obsessed with the idea that the requiem was his own, and he was right.

Mystery surrounded the project. The child prodigy and famous composer from Salzburg was approached by a secret emis-

sary from the Count. According to the contract, the project was to be kept secret, Mozart was not to know the name of the Count, and the commission would be paid only when the piece was finished. Mozart was intrigued, and upon consultation with his wife, he accepted.

Whether Walsegg intended to actually take credit for the piece is still debated, but he was known to pass off musical compositions as his own at his weekly concerts in his home.

As for Mozart, he began to suspect that someone was poisoning him. Speculation over these events has spawned musical legends for the last two centuries, and perhaps no one will ever know the full truth.

Mozart's untimely death left the manuscript unfinished, but the intensely personal and passionate nature of the piece cannot be ignored. It became one of the most profound compositions of his young life and one of the favorites for symphonies worldwide to perform. The lyrics sung by the chorus exalt Mozarts

ideas: "Hear our prayer," "all flesh will come to you," and "let light perpetually shine on them."

## If you go:

**WHAT:** Asheville Symphony Chorus

**WHEN:** Nov. 4, 7:30pm.

**WHERE:** Arden Presbyterian Church 2215 Hendersonville Rd, Asheville  
**Tickets:** \$15, \$12 for Students and groups of 10+

**Info:** (828) 254-7046, a chorus member, or at the door the evening of the Concert. Tickets TBA

PAID ADVERTISEMENT

## Black Mountain Quilts now open on Cherry Street

## From Staff Reports

**R**oger Weller, owner of C.W. Moose Trading Co., and his wife, May, are very excited with their new shop, Black Mountain Quilts, located at 125 Cherry Street next door to the Veranda Cafe.

They had been selling handcrafted quilts at "The Moose" for the past five years, but weren't able to display the full line. Since there isn't a shoe store in Black Mountain, Weller first planned to open one in this location. After some thought, he decided to sell shoes at C.W. Moose, since they work well with the handbags and accessories he already carried.

It was then he got the idea for a quilt store. His staff includes Jan Ernst, manager, with 30 plus years of retail experience and Nancy W. Hicks, a quilter for 30 years.

Weller knew quilts were a popular item when he saw a quilt on the cover of a recent



(Left) May Weller, Roger Weller and Jan Ernst are proud of their new shop, Black Mountain Quilts. Roger Weller is the owner of the shop and Jan Ernst is the manager.

L.L. Bean catalog.

Customer response has been better than he could have hoped for, having just opened this July. He looks toward to seeing even more local people this fall.

Black Mountain Quilts offers a metal and wood "pine cone" bedroom set along with many cabin quilts just right for a mountain

home.

Their quilts, throws, pillow shams and table settings are available in over 100 award winning designs. They also have matching designer shower curtains, quilted jackets, handbags, wallets, and accessories.

They carry handcrafted night lights and the complete line of Jim Shore collectibles. The "quilted" animals are fun and the angels, snowmen, and santas are irresistible.

One of their main suppliers, Donna Sharp, is a fifth generation quilter out of Kentucky. After selling few quilts for \$3,000 to \$10,000, she came up with a way to make quilts that everyone could afford. She designs the quilts and purchases all the fabric in the United States.

They are then pieced together and sent overseas for the final stitching.

Black Mountain Quilts is able to sell the handstitched allergen free, cotton quilts starting at \$130.



## WNC EVENTS

# Attractions: more to do this fall

'Attractions' continued from pg. 5

biking trails in the most western portion of the region.

The Road to Nowhere is an ongoing controversy. This federally promised North Shore Road located in Swain County has yet to be completed, as the name suggests, despite decades of debate. It pits environmentalists and conservationists against old-time residents and developers.

## MEMORABLE MOUNTAIN TOWNS

Must-see mountain towns compete for attention with Asheville, known for its wonderful art deco buildings, arts scene, fine dining, handmade shopping adventures, and musical nightlife. Many travelers and residents champion the considerable charm of smaller towns, such as Black Mountain, Blowing Rock, Cashiers, Cherokee, Hendersonville, Highlands, Lake Lure, Maggie Valley, and Waynesville.

But what most people don't realize is that the face of some of the region's biggest attractions and the charm of these towns may radically change within the next decade.

## MOUNTAINS FOR SALE

For example, the magnificent Chimney Rock Park may be sold soon to the highest bidder. Residents are hoping that the new owners will carry the legacy and keep it a park that's open to the public. Sotheby's International Realty has listed Chimney Rock's nearly 1,000 acres, including the famous Chimney Rock crowned with an American flag, for \$55 million. Why is it for sale? One source said the owners cannot keep up with taxes.

Yet the official press release doesn't explain much, other than to say visitors can still visit the park and nothing has changed (for now). This year the Haunted Forest will satisfy those in need of a fun scare in the evening.

Rumors periodically circulate that should the best known of all WNC attractions, namely The Biltmore House and Vineyards,

lose its preferential tax status, that it would be sold to the highest bidder like a prize hog at the state fair or cut apart like an expensive pizza, sold one slice at a time.

"We are killing the golden goose," is a refrain one often hears in discussions about developer's plans to strip mountains and bulldoze meadows to construct subdivisions and strip shopping centers at an alarmingly increasing rate. Erosion issues, urban encroachment, and ever-expanding highways continually add fuel to the smoldering fire of frustration.

The bad news is balanced with some bright spots. Dupont State Park in Transylvania County is now safe from developers' claws after an incredible outpouring of citizens working with state officials to preserve one of the regions most beautiful natural areas.

The State of North Carolina is said to be working to develop a new park near Lake Lure and Chimney Rock, known as Hickory Nut Falls. Some folks hope that the State will come in and rescue Chimney Rock Park and make it part of this preservation effort.

## FUN FOR THE FEARLESS

If prospects of so-called progress don't scare you, then here are some fun events that you might want to highlight on your calendar this fall:

**October 4-5, 11-12, 18-19, 25-26, November 1-2, 2006:** Tweetsie Halloween Festival between Boone and Blowing Rock; Ghost Train rides, haunted house, Halloween mischief; (800) 526-5740; [www.tweetsie.com](http://www.tweetsie.com)

**October 6 – 8:** Old Fort Oktoberfest in

downtown Old Fort features food, crafts, entertainment and carnival rides; (828) 668-7223; [www.oldfortchamber.com](http://www.oldfortchamber.com)

**October 7:** Madison County Heritage Festival is held on the grounds of Mars Hill



The American Flag high above Chimney Rock in NC

College; 10am – 4pm; features musicians and craftspeople; (828) 680-9031; [www.mhc.edu](http://www.mhc.edu)

**October 7:** Forest Festival Day and Woodsmen Meet held at the Cradle of Forestry Pisgah National Forest in Brevard; 50 craftsmen and entertainers along with an old-time lumberjack contest among Haywood County Community College and other schools; truly a fun family day; (828) 877-3130; [www.cradleofforestry.org](http://www.cradleofforestry.org)

**October 7:** Bushy Mountain Apple Festival in North Wilkesboro (Wilkes County) is one of the largest arts and crafts festivals in the southeast with over 160,000 visitors; 8am – 5pm; (336) 984-3022; [www.applefestival.net](http://www.applefestival.net)

**October 14:** 23rd Annual Church Street Art & Craft Show in downtown Waynesville; 10am – 5pm; (828) 456-3517; [www.downtownwaynesville.com](http://www.downtownwaynesville.com)

**October 14 – 15:** 11th Annual Carolina Bonsai Expo at The North Carolina Arboretum near Asheville; Sat., 9am-5pm; Sun., 12noon-4pm; (828) 665-2492; [www.ncarboretum.org](http://www.ncarboretum.org)

**October 19 – 22:** The Craft Fair of the Southern Highlands Guild is a major indoor event at the downtown Asheville Civic Center that features hundreds of craftspeople known for handmade skill and quality; (828) 298-7928; [www.southernhighlandguild.org](http://www.southernhighlandguild.org)

**October 20 – 22:** Lake Eden Arts Festival celebrates its 11th year of music, dance, crafts, and healing arts at Camp Rockmont, Black Mountain; (828) 686-8742; [www.theleaf.com](http://www.theleaf.com)

**October 21:** Celebration of Flight Air Show at the Andrews-Murphy airport in Andrews; 12 noon – 3:30pm; [www.cherokeecountychamber.org](http://www.cherokeecountychamber.org); [www.shultzairshows.com](http://www.shultzairshows.com)

**October 21:** 28th Annual Valle Country Fair, 135 juried craft booths in Valle Crucis; 9am-4pm; (828) 963-4609; [www.vallecountrypair.org](http://www.vallecountrypair.org)

**October 21 – 22:** 29th Annual Woolly Worm Festival in Banner Elk Elementary School in downtown Banner Elk; 10am-5pm; (828) 898-5605; [www.woollywormfestival.org](http://www.woollywormfestival.org)

**October 27:** Flight of the Vampire 5K Run in downtown Brevard; Friday night, 12am midnight; [www.brevardncchamber.org](http://www.brevardncchamber.org)

**October 27 – 28:** Haunted Forest of Legend and Lore, evenings at Chimney Rock Park; (800) 277-9611; [www.chimneyrockpark.com](http://www.chimneyrockpark.com)

**October 28:** Halloweenfest 2006 and Old Time Music Competition in downtown Brevard; [www.brevardnc.org](http://www.brevardnc.org)

**November 10:** Brown Mountain Lights public viewing with L.E.M.U.R. of ghostly lights and eerie illuminations seen flaring and creeping along a low-lying ridge in Pisgah National Forest on the border of Burke and Caldwell counties; [www.brownmountainlights.com](http://www.brownmountainlights.com)

# blue: art told through cut gems

'blue' continued from pg. 9

Burma (home of the most valued rubies also). An interesting side of sapphires and one of the reasons for their popularity beside their innate beauty is that they have always been associated in literature and history with faithfulness and loyalty.

These wonderful stones have been not only hand cut by a talented cutter but have also been hand-selected by these two remarkable women who in their 18 years of loving their art forms, have let the stones "dictate" the design. They also have an unusual talent for matching the stones

with the four colors of gold they use so that for example, the richness of rose gold and the starkness of white gold surround and enhance a green sapphire to it's fullest. It is something you really need to see for yourself.

Lynn and Susan love to collaborate with their customers to create a unique piece that only speaks to that one person's personality and lifestyle. They can spend just a few minutes with you and can match up gold colors with your skin tones that not only compliment you but the stone you have

brought or chosen yourself. It is a process that is not only fascinating but a great deal of fun for both you and your designer. As Lynn says quite often, "jewelry is supposed to be fun, not intimidating". A lot of this pleasure comes from the fact that these two women create with their hands, not molds so yours is truly a one of a kind exclusive treasure.

Be sure to visit blue where Lynn and Susan not only display their latest creations and are now showing all seven natural colors of sapphire, but they have filled

their gallery with some of their fellow artists blown glass chandeliers, enormous pierced glass spheres, functional glass and pottery along with 2 dimensional work, none of which you will see anywhere else. Visit Tuesday thru Saturday 10:30 – 6pm at 1 swan street in Biltmore Village (828) 277-2583 or their award winning website... [bluegoldsmiths.com](http://bluegoldsmiths.com).



## ARTFUL LIVING

# Visit ancient Mexico — self transformation in the Modern World

BY MICHAEL CLARK

Come explore the power spots of Mexico's ancient civilizations, including Aztecs, Toltecs, Olmecs and Mayas.



Michael Clark

At the same time, learn powerful mind-body-spirit practices that can enhance your health and transform your life. After visiting China four times to study the ancient arts of Tai Chi and Qigong (which I teach in Asheville), I decided to combine my love of conscious movement practices with a tour through the power spots of Mexico. The fact that I am a certified teacher, fully bilingual in English/Spanish (after seven years in Latin America) and have made contact with experienced teachers of Mexico's sacred traditions, led me to offer you this unique transformational experience.

## TWO TOURS IN ONE

Unlike most tours, this trip combines an exciting travel adventure with a powerful inner journey! Experienced guides will lead you through Mexico's most amazing archeological sites: ancient pyramids tuned to the cycles of the sun and moon, temples where shamans practiced ancient rituals, ruins of jungle cities, carved stone heads the size of elephants, limestone sinkholes and monuments on white-sand beaches. While we journey to these ancient sacred places, authentic teachers from Mexican and world traditions will lead you through exercises, meditations, rituals and ceremonies designed to enhance your connection to Nature and promote your personal growth.

## ANCIENT PRACTICES FOR MODERN PEOPLE

The practices you will learn draw on Toltec and Mayan traditions, as well as the Chinese arts of Tai Chi and Qigong, mind-body-spirit exercises that combine breath, movement, meditation and self-massage. You will receive instruction from at least six experienced teachers (on the full 22 day tour).

## HIGHLIGHTS

- Learn Toltec wisdom from an instructor certified by Don Miguel Ruiz, author of the best-seller *The Four Agreements*
- Practice ancient ceremonies with Mexican shamans
- Connect to Nature in sites of stunning natural beauty
- Learn Tai Chi and Qigong principles daily
- Take time for yourself in quiet reflection and meditation
- Enjoy an inner rebirth at the final 2-day retreat

## MAJOR SITES

- Mexico City's Museum of Anthropology, a treasure trove of pre-Hispanic exhibits
- Teotihuacán, "The Place where Men Become Gods" and priest-kings ruled the largest ancient city of the Americas
- The jungle ruins of Chichén Itzá, where Mayan astronomers mapped the heavens long before their counterparts in Europe.
- Tulum, Mayan ruins on a cliff overlooking the sparkling blue waters of the Caribbean.

We will also visit lesser-known sites

such as Tepotzlán, Ek Balám and El Tajín, as well as the ecological theme park, Xcaret. Participants can choose from many optional activities, including private healing sessions, massages, hot springs, sweat lodges, river rafting and swimming with dolphins.

## MAIN TEACHERS

Michael Clark is a certified Tai Chi and Qigong teacher whose passion is helping others lead healthier and more balanced lives. He is a professional member of the National Qigong Association and has traveled four times to China to learn Qigong in hospitals, monasteries and sacred mountains.

Jerónimo García-Zenteno is a certified teacher with 25 years of experience in martial arts and other mind-body disciplines. He is a sex educator, acupuncturist and an official representative in Mexico of Mantak Chia's Universal Tao Center, based in Thailand.

## GUEST TEACHERS

Francisco Plata is a professor, healer, shaman, acupuncturist, warrior, writer and translator. He holds the ranks of Yaotequihua Captain in the Aztec Dance group Cauhtinchan and 25th Taoist Patriarch in the Chien Tien Shou Pai Martial Arts School.

Andrés Portillo directs the Mexico City center of Don Miguel Ruiz, the renowned teacher of ancient Toltec wisdom. Ruiz's bestseller *The Four Agreements* has sold more than 6 million copies worldwide.

Sergio Gómez-Rodríguez is founding president of the Society for the Knowledge of Quetzalcoatl, the legendary god of the "plumed serpent" common to many of Mexico's ancient cultures. He is a spokesperson for the Dance Group "Insignias

Aztecas" and holder of Aztec, Toltec, Chichimec and Tenochca lineages.

Zhaori Krishna is an international instructor, researcher and practitioner of pre-Hispanic martial arts.

## THIRD ANNUAL CONSCIOUS MOVEMENT DAY

**WHEN:** Saturday, Oct. 28, 11 a.m. – 3 p.m.

**WHERE:** Montford Park (corner Montford Ave. & Panola St.) Asheville

**WHAT:** Free Movement Classes (yoga, tai chi, qigong, NIA)

**WHY:** To build a healthy community, one person at a time

**WHO:** Anyone who has a body and wants to learn fun, healthy ways to move it!

**CONTACT:** Accem Scott 280-

**Option A - Complete Tour: 22 days, Feb. 17 - March 10, 2007: \$3,150**

**Option B - Yucatan Only: 11 days, Feb. 28 - March 10, 2007: \$1,700**

**Deposit: \$500**

**Balance Due: Dec. 31, 2006**

**\* Prices are per person, based on double occupancy, and include hotel, 2 meals per day, all teaching, entrance**

# Pneumonia in old people

BY MAX HAMMONDS, MD

"My father is in a nursing home and got pneumonia. Can you believe it?"

They treated him in the nursing home and didn't even admit him to the hospital." These kinds of comments are common among those who bear the responsibility of caring for the aging population of today. What is appropriate treatment for pneumonia? What should you expect from your doctor or nursing home as you worry about your aging relatives?

50 years ago medical people used to call pneumonia – "the old man's friend." When very old people contracted pneumonia, they usually died a very quiet death. "Putting them out of their misery" was the by word.

But that passive attitude is no longer acceptable.

With newer and stronger antibiotics which can eradicate more types of bacteria, medical personnel are more aggressive in treating and curing pneumonia in very old people.

Of course, with every new innovation there is a down side, a possibility of complications, and an increased dollar cost.

With the increased used of stronger antibiotics comes the possible side effect of killing off all bacteria in the body, including the helpful ones in the gut. This can result in wide spread yeast infections in the various body cavities, the mouth and elsewhere. It can also result in the overgrowth of one or two types of resistant bacteria that wouldn't have grown otherwise, like clostridium difficile which can be disastrous, even deadly.

A further problem is that there is little good information about how long to treat pneumonia, especially the pneumonia that is contracted outside the hospital. Treating

only a few days might not be sufficient and long term treatment might cause the above problems to develop. In the past medical people have tended to err on the side of treating for a longer rather than a shorter time period because very old people have so little ability to fight off the pneumonia on their own.

Several recent studies have helped to give a few more answers to medical people and to the those who are concerned about their old loved ones. – for those patients who do not have complicating factors (heart disease, chronic lung disease or immune systems that aren't working properly) fewer days on antibiotics seem to work as well as longer time periods. – patients in nursing homes (again without complicating disease and who are stable) can be treated for their pneumonia just as effectively in the nursing home as in the hospital. – those patients who were admitted to the hospital for IV antibiotics don't have to stay an extra day or two

when they are switched to oral antibiotics to see if they will be alright.

When the doctor says that your relative can be treated for their pneumonia just as well at home or in the nursing home as in the hospital and can receive fewer days of therapy, he or she is acting on the new information that is making it safer and less costly to care for your relative. The estimated savings for the 500,000 elderly people who will acquire pneumonia outside the hospital is about \$1500 per patient or about \$750 million dollars per year, which could be put to good use in enhancing the care of these same elderly people in other less dangerous ways.

When your doctor suggests this line of therapy, with this new information you can cooperate with your doctor, monitor your loved one for possible complications and appreciate the cost savings to your tax dollars.



## EVENTS/CLASSIFIED — OCTOBER

TO PLACE EVENT /  
HAPPENING WITH  
*RAPID RIVER ART MAGAZINE*

Any “free” event open to the public can be listed at no charge up to 30 words. For all other events there is a **\$9.95** charge up to **25 words** and **10 cents** for each additional word.

**160 word** limit per event.

**Deadline is the 19th** of each month. Payment must be made prior to printing. Email Beth Gossett at: **ads@rapidrivermagazine.com** or mail to: **85 N. Main St, Canton, NC 28716. Or Call: (828) 646-0071 to place ad over the phone.**

## DISCLAIMER:

Due to the overwhelming number of local event submissions we get for our “What to Do Guide” each month, we can no longer accept entries that do not specifically follow our publication’s format. Non-paid event listings must be 25 words or less and both paid and non-paid listings must provide information in the following format: date, time, brief description of what your event is and any contact information. Any entries not following this format will not be considered for publication.

## ANNOUNCEMENTS

The W.C. Reid Center for Creative Arts will take auditions for the upcoming play *Daddy Where are You?* on **Sept. 11-15, 5-7pm.** daily at the Reid Center at 133 Livingston St. The play is the first in a series of three plays and part of the Cultural Renaissance Art Program main stage production. The first production looks at the lives of fatherless teenagers growing up in a city and how each is finding their way for themselves. In addition to actors, there are openings in set making, costume design, lighting and technical support. For information, contact W.C. Reid Center for Creative Arts at (828) 350-2048 or [reidec@ashevillenc.gov](mailto:reidec@ashevillenc.gov).

**Sound Garden Gallery**, 4 Eagle St., downtown Asheville seeks artists interested in monthly shows. call Linda @ (860) 338-1354.

**Artists, Artisans & Craftspeople!** Introducing “The Appalachian Artisan Society” TAAS-Gallery. Claim your space now. For application and information go online [www.pinwilz.com](http://www.pinwilz.com) click on TAAS-Gallery or call (828) 243-0428.

**Call to Artists**—Tryon Painters and Sculptors invites all artists over the age of 18 to participate in the 10th Biennial Western North Carolina Juried Art Exhibit. This important event will be held Sept. 10–Oct. 11 at the Tryon Fine Arts Center. A single work may be submitted. The work must be original and

completed within the last two years. The piece must not have been shown in a previous WNC juried event, or in TFAC Gallery I. Eligible media are drawing, painting and sculpture – no prints, photographs, or computer generated art. Paintings may not exceed 36 inches in any direction. Sculpture may not weigh more than 50 pounds. Work must be hand delivered to the Tryon Fine Art Center, 34 Melrose Ave., Tryon on Aug. 30 from 10-7pm or Aug. 31 from 10-3pm. There is a jury fee. A prospectus is available by visiting [www.tryontfac.org](http://www.tryontfac.org) or by contacting Kate Thayer at (828) 698-7553.

**The Montford Park Players announce auditions** for its 30th anniversary presentation of Charles Dickens' *A Christmas Carol*. Auditions will be held Oct. 7 from 10-4pm and Oct. 8, from 2-6pm at the Montford Community Center, 34 Pearson Drive, Asheville. For more information call (828) 254-5146 or email [info@montfordparkplayers.org](mailto:info@montfordparkplayers.org).

## ART

**Through Oct. 5**—The North End Gallery will feature the oil and acrylic works of Jacqueline Z. Davidson. Gallery is located at 175 Weaverville Hwy, just one mile north of Beaver Lake in Town and Country Square. Call (828) 658-3484 or visit [www.thenorthendgallery.com](http://www.thenorthendgallery.com).

**Through Oct. 17**—Woolworth Walk exhibit “Back To Nature” runs from. A reception where the public may meet and question the artists about their work will be held on Friday evening Sept. 15 from 5:30-7:30pm in the FW Front Gallery. Woolworth Walk is located at 25 Haywood Street, Asheville. For more info (828)254-9234.

**Through Oct. 15**—Exhibition: William McCullough, Southern Painter. Exhibition in conjunction with the May 2006 release of the book, William McCullough, Southern Painter, in conversation with William Baldwin, Southern Writer. Reception and book signing Fri., Sept. 15. See [www.16patton.com](http://www.16patton.com).

**Through Oct. 14**—Haywood Open Studios Tour and Open Studios Exhibit. Haywood County artists open their working studios to the public in the first ever studio tour. Visit with artist in their working environment and see the creative process first hand. Best of all you can purchase one-of-a-kind works of art. Opening reception Sept. 22, 6-9pm. Haywood Open Studios Tour Sat., Oct. 7, 10-5pm and Sun., Oct. 8, 12-5pm. See their work at Gallery 86, Haywood County Arts Council, 86 North Main Street, Waynesville, NC. Call (828) 452-0593 for further information.

**Oct. 3-31**—16 Patton presents the exhibition John Mac Kah: Des Faits Accomplis, with a reception on Oct. 6, 6-8 pm. Also in conjunction with the John Mac Kah exhibition, join David Schenk at 16 Patton for “Mountain & Tree Poems, Selected Readings: East & West”

on **Oct. 15, 2-4pm.**

**Oct. 6, 5-7pm**—The opening celebration for the Children's Goombay Photography Show will be at the Historic Drugstore Gallery at the YMI Cultural Center. The exhibit of photographs taken by children at this past Goombay Festival will be up through Nov. 3. Gallery hours are 9-5pm, Tues.-Fri. For more information call the YMI at (828) 252-4614 or the Asheville Art Museum, (828) 253-3227 ext. 121

**Oct. 6, 6pm**—“Spring Study #4” by Ian Brownlee. “Celebrating the Seasons” featuring seasonal paintings and sculpture from artists, Chris Sedgwick, Kat Fullilove, Kate Worm, Ian Brownlee, Steve St. Clair, Michelle Miller, Cassie Ryalls. The show will run through the month of October. Gallery Minerva, 12 Church St. (828)255-8850. [www.galleryminerva.com](http://www.galleryminerva.com)

**Oct 6, 6-9pm**—A reception for glass artist Victor Chiarizia will be held at the Silver Fox Gallery as part of the Downtown Hendersonville first Friday art stroll. (828) 698-0601, [silverfoxart@bellsouth.net](mailto:silverfoxart@bellsouth.net)

**Oct. 6-Nov. 15**—Red Clover Gallery, 214 Rutherford St., Landrum, SC. Rich Nelson Paintings. Opening Reception: Oct. 6, 6-9pm. Dedicated to presenting the work of outstanding fine artists from the Upstate, the Blue Ridge, and beyond. Tues.-Sat. 11-5pm. (864) 457-3311 or [www.redclovergallery.com](http://www.redclovergallery.com)

**Oct 7-8**—EAST Art Tour: Open studios of 16 artists in the Black Mountain area, maps at local merchants, see [www.E-A-S-Tinfo.com](http://www.E-A-S-Tinfo.com).

**Oct. 8**—Join John Mac Kah at 16 Patton for “Salon & Slides in the Gallery, Contemporary Realism & American Landscape”

**Oct. 11-Nov. 17**—Gallery 86 of Haywood County Arts Council presents a photography exhibit by f/32, a group of Western North Carolina photographers. An opening reception will be held Oct. 20, 6-9 pm and Art After Dark reception, Nov. 3, 6-9 pm at Gallery 86 located at 86 North Main Street in Waynesville.

**Oct. 11-17** — Tryon Painters & Sculptors will present an exhibition of paintings and illustrations by Pat Wilson and her son, Eric Hansen. The exhibit will open with a reception 10-1pm at The Arts Palette Gallery located in the Tryon Fine Arts Center. More info (828) 859-8322.

**Oct. 18-Nov. 14**—Woolworth Walk presents exhibit “Sun Catchers”. A reception where the public may meet and question the artists about their work will be held on Oct. 20, 5:30-7:30pm in the FW Front Gallery. This Exhibit Features three diverse artists: Jeremy Graves, Carolyn Smith and John Thornton. 25 Haywood Street, (828) 254-9234

**Through Dec.**—Art After Dark, the Waynesville Gallery Association’s popular monthly gallery stroll is becoming a significant contributor to the evening arts and entertainment scene in Waynesville. The season begins the first Fri. in May and continues the first Fri.

of each month through Dec. Participating galleries remain open until 9pm giving downtown diners and strollers the opportunity to enjoy shopping after 5pm, many galleries will also hosting artist receptions, provide live music and serve tasty treats. For further information please check out the Waynesville Gallery Association website at: [www.waynesvillegalleryassociation.com](http://www.waynesvillegalleryassociation.com) or call (828) 456-3517.

## ART CLASSES

**Through Oct. 7**—The Odyssey Center for Ceramic Arts presents their late summer classes. These 9 week classes cover a variety of skill levels, from ultimate beginner to the advanced potter. This sessions classes include Western Raku Firing Technique, Handbuilt Forms for beginners, Sculptural Exploration, The Ultimate Beginner’s Wheel Class and Slips and Glazes for the Wood Kiln and kids after school classes. We are also offering a special 5 week class, The Bowl Project, for donations to the Manna Food Bank’s Empty Bowl Luncheon with special quest artists. Please check our web site for all the classes offered at [www.highwaterclays.com](http://www.highwaterclays.com) or call us at (828) 285-0210.

**Oct. 21-22**—Portrait Painting Made Easy for Adults and Teens at Woolworth Walk Gallery, 25 Haywood St., Sat 11-6pm and Sun. 11-5pm. Cost of class, \$100 includes all supplies. We will be creating a paint-a-long portrait in oils, however you would use similar techniques in pastel as well. The purpose of this workshop is to familiarize you with how to go about creating a painted portrait in a simple step by step way, so that you may then work on your own at home.

**Woolworth Walk Art Classes** held at 25 Haywood Street. Pre-registration encouraged. Come in or call (828) 254-9234.

**Drawing & Painting with Lorelle Bacon:** Weds. 1-3pm and 3:30-5:30pm Adults, Children, Teens Beginner through Advanced. Fee: \$50 (four 2 hour classes). On-going (828) 669-7215.

**Silversmithing with Bill Churlik:** (828) 254-9234 or [wechurlik@earthlink.net](mailto:wechurlik@earthlink.net)

Beginning Silversmithing, Wed. 1-4pm, Sat., Aug.7-Oct. 2, 2-5pm. Fee: \$289.00 for 8 sessions.

**Intermediate Jewelry Workshop:** Wed. 1:30-4:30pm. Fee: \$289.00 for 8 sessions.

**Open Studio:** 12 hours: \$54; 24 hours: \$108; 36 hours \$162.

## ATTRACTIONS

**Carl Sandburg Home**—located three miles south of Hendersonville off the Greenville Highway/Rte. 225 (formerly known as US 25) on Little River Road in Flat Rock. Guided tours of Carl Sandburg Home are provided throughout the day at a cost of \$5 per person. Children are free. Park Service passports are accepted



# WHAT TO DO GUIDE™

and sold. The grounds are open to the public from 9-5pm.

**Wolfe's Angel**—Author Thomas Wolfe's first novel was *Look Homeward, Angel*. In the book there are constant references to an angel statue carved from Italian marble. This is the angel Wolfe placed in American literature. Thomas Wolfe's father, W.O. Wolfe, sold the statue to the Johnson family to mark the family plot in Oakdale Cemetery. The angel is holding a lily in her left hand and extending her right hand upward. Oakdale Cemetery is located on Hwy. 64 W., just a short distance from downtown. The statue is protected by a wrought iron fence, and there is a historical marker located on the highway.

**Henderson County Farmers Curb Market**—All items sold at the market must be either hand-made or locally grown. The sellers are 3<sup>rd</sup> and 4<sup>th</sup> generation vendors offering a variety of goods such as: crafts, baked goods, jellies, plants, flowers, toys and product. The market has been in operation since 1924. Hours are from 8am-2pm Tue., Thurs. and Sat. from April – December. The market is located on the corner of 2<sup>nd</sup> Ave. and Church St. For additional information call (828) 692-8012.

**Western North Carolina Air Museum**—is the first air museum in the state of North Carolina known as the “first in flight” state. The museum features award winning restored and replica antique and vintage airplanes. The hours are (weather permitting) Mar.-Oct. Wed. and Sun, Noon-6pm and Sat. 10am-6pm. Nov.-Feb. Wed., Sat. and Sun, Noon-5pm. The museum is located at the Hendersonville Airport. For more information call (828) 698-2482 or go online at [www.wncairmuseum.com](http://www.wncairmuseum.com).

**Apple Wedge Packers**—visit the facility in Hendersonville for production tours and to experience the local tradition of apple packing. View the most modern grading and packing equipment including an electronic sorter that photographs each apple four times to determine the best color quality. If time permits, load a 50-seat wagon for a guided trip into an apple orchard and sample the homemade apple cider. There is an admission charge for tours. For more information call (828) 685-8349.

**Southern Appalachian Radio Museum**—The only radio museum open to the public in North Carolina. Current Exhibits include radios of long ago plus an amateur radio station. Donations appreciated. Located at A-B Tech Community College in Asheville, Room 315 of the Elm Building. Hours: 1-3pm on Fri. Tours (828) 298-1847 or [www.saradiomuseum.org](http://www.saradiomuseum.org).

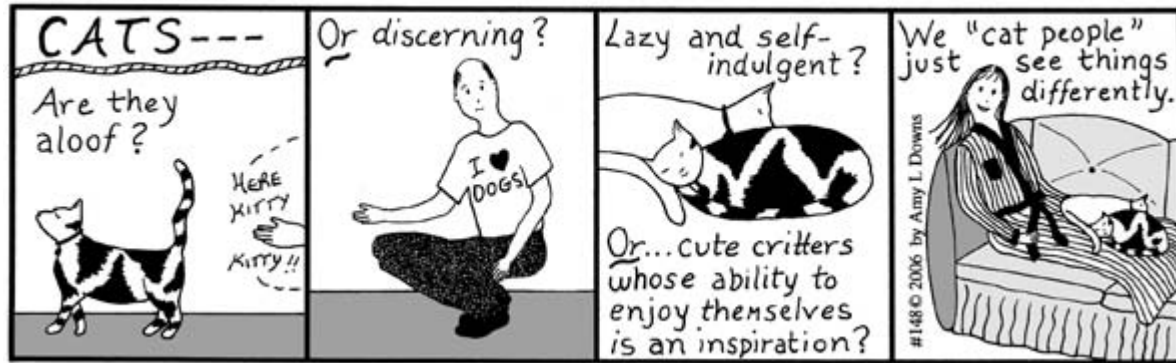
## BOOK SIGNING

**Oct. 28, 1-3pm**—Just in time for Halloween! Author Michael Renegar will sign copies of *Roadside Revenants and Other North Carolina Ghosts and Legends* at Malaprop's Bookstore & Cafe.

## CELTIC HARP CONCERT

**Oct. 14, 8pm**—“The Greatest Celtic Harper

### Callie & Cats



of Our Age” (—Live Ireland Radio). Maire Ni Chathasaigh is one of Ireland's most important musicians, winner of the TG4 Irish Musician of the YEAR, a prestige comparable to our Grammy Award. There have been only four other recipients since the awards were instituted: Chieftans flautist Matt Malloy, fiddler Tommy Peoples, whistle-player Mary Bergin and piper Paddy Keenan—all of whom are considered to be the leading exponents of their instruments within Irish tradition. We have never had a chance to hear someone like this in Asheville. Maire astounds audiences with Irish dance music on Celtic harp. Opening act Frank Volz delights audience with jazz gospel on folk harp! Unitarian Church of Asheville, 1/2 mile north of I-240 on Charlotte St. Tickets \$25, sold at Malaprops books or at (828) 649-3739.

## CRAFT FAIR

**Oct. 19-22**—Experience the Craft Fair of the Southern Highlands at the Asheville Civic Center 10-6pm Thurs- Sat. and 10-5pm Sun. Over two hundred craftspeople fill two floors with fine handcrafted items, while local musicians play live on the arena stage, and craft educators share their knowledge with children in hands-on projects. Visitors are invited to take advantage of the Park and Ride Shuttle Service from the Folk Art Center on the Blue Ridge Parkway. The shuttle is available Thurs.-Sat. during the Fair, on the half hour, 9-6pm, for a \$2 charge. Additional information about this event is available at (828) 298-7928.

## COMMUNITY

**Haw Creek Open Air Market**, open Saturdays through Oct. 8:30-1pm. Local produce, arts & crafts, and baked goods. Corner of Beverly & New Haw Creek Roads. (828) 280-4209 for more info.

**Ongoing Tuesday Night Self-Healing Support Group**, based on the work of Dr. Michael Ryce [www.whyagain.com](http://www.whyagain.com) Everyone Welcome! Love Offering. 6-8pm at Mystic Journeys Sacred Space, 333 Merrimon Avenue (828) 253-4272

**Community Beware**—Asheville Fire & Rescue has received reports of an individual who is posing as one of AFR's Fire Marshals. All of Asheville Fire & Rescue Fire Marshal's are uniformed, wear badges and can present

identification at all times. If someone has a question of the validity of a Fire Marshal's

identity, they can contact Asheville Fire & Rescue at (828) 259-5640 to verify. Anyone that has, or may have had, contact with a person of questionable profession should report this to our investigating officer Buddy Thompson at (828) 777-8931. For additional questions regarding this release, please contact Fire Marshal Wayne Hamilton at (828) 768-0129.

**Ongoing**—Professional Parenting, the largest community outreach program sponsored by Appalachian State University, is looking for a few good foster parents. Professional Parenting is a non-profit agency who will train and license families for children in the NC foster care system. If interested, please call (828) 236-2877 for further information.

**Ongoing**—Volunteer at the Smith-McDowell House. Asheville's past needs you now. All ages, backgrounds, talents needed to assist with Museum's public programs and preservation of Historic House and Garden. Information: Tammy Walsh (828) 253-9231 or [smh@wnchistory.org](mailto:smh@wnchistory.org).

**Shindig on the Green**. A joyously spontaneous celebration of traditional and old-time string bands, ballad singers, storytellers, big circle mountain dancers and cloggers on summer Saturday evenings in downtown Asheville, NC. Stage show and informal jam sessions. Martin Luther King Jr. Park on Martin Luther King Dr. in downtown Asheville. Bring a lawn chair or blanket, family and friends. **Sept. 2**. Free. Info: (828) 258-6101 x 345 or [www.folkheritage.org](http://www.folkheritage.org)

## CONVENTION

**Nov. 11-12**—Asheville's Best Science Fiction Convention is back. Nov. 11-12, at the Best Western in downtown Asheville, Revoluticon is holding its third annual science fiction and fantasy convention. There is a fiction contest with a cash prize, a costume contest, and a charity auction. All proceeds from the auction, plus a portion of the proceeds from the convention itself, are going to the Asheville Homeless Network. Tickets \$20 or \$25 at the door. Visit [www.revoluticon.com](http://www.revoluticon.com). Call ( 828) 254-9989, or email [revoluticon@gmail.com](mailto:revoluticon@gmail.com).

## DANCE

**Oct. 6-7**—The passion in the life and art of Tina Modotti is the focus of a new dance theatre work created by Asheville Contemporary Dance Theatre and premiering at Diana Wortham Theatre. Tickets are \$25 Regular, \$20 Seniors, \$15 Students and \$10 Children are available at the Diana Wortham Theatre box office. For more information [www.acdt.org](http://www.acdt.org) or call (828) 254-2621.

## FESTIVALS

**Oct. 6**—The Children's Goombay Photography Show, opening night, 5-7pm at the YMI Cultural Center, 39 S. Market St. (828) 252-4616.

**Oct. 20-22**—Lake Eden Arts Festival (LEAF). Celebrating LEAF's 11th

year! Camp Rockmont in Black Mountain, NC. Tickets and info: (828) 68-MUSIC (686-8742) or [www.LakeEdenArtsFestival.org](http://www.LakeEdenArtsFestival.org). Advance discount ticket purchases are on sale NOW thru April 5th. Day tickets: \$19-\$40, Weekend Pass with camping: \$92-124, special youth prices, and under 10 are free! Super deal is: The Community Pass (special for locals-no overnight) are \$47-\$67. Limited tickets are available at the gate.

**Nov. 8-11**—The feisty filmmakers from Wilmington, North Carolina announce the 12th Annual Cucalorus Film Festival, taking place in downtown Wilmington. [www.cucalorus.org](http://www.cucalorus.org), (910) 343-5995

## FOLK HARP TRADE SHOW

**Oct. 14-15**—See, hear and feel lap-harps to full-size celtic harps of all designs. Historical harp replicas, kits, CDs and sheet music. \$10 pass allows access to vendor hall anytime all weekend. Sat. 10:30-6pm, Sun. 10:30-4pm. A free pass is available for 2-4pm Sunday, near the end of the show. Lutheridge Retreat Center, near the Asheville airport. Passes at the door. Directions at [www.southeasternharps.com](http://www.southeasternharps.com). (828) 649-3739.

## FUN WITH LEARNING

### Colburn Museum

**Every Wed.**—Free admission to the museum 3-5 pm.

### Continuing Exhibits:

**The Hall of Gems and Minerals**—The Colburn is renowned for its permanent collection of gem and mineral samples from around the world. Kids can touch and marvel over the amazing differences between soft minerals like talc and hard ones like quartz while adults oooh and ahhhhh over priceless cut and faceted gemstones.

**The Grove Stone Earth Center**—Explore our planet with hands on materials explaining plate tectonics, volcanos and the mysteries of the Earth's core.

**A Richness of Resources: History of Mining in WNC**—This fascinating interactive exhibit leads visitors of all ages through the rich history of WNC's unique mining industry. Set off



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the detonator and discover what a mine looks like inside, then take a look at the valuable minerals you might find in your own backyard.

**Weather, Climate and You**—See how you'd look on TV as a weatherperson, measure the wind's speed and learn more about the destructive power of hurricanes.

## OCTOBER EVENTS:

**Downtown Geology Walks!** Downtown will never look the same again. Walk around Asheville with an expert and see the city from a whole new perspective! Geology Walks are great for the whole family; discover fossils in a surprising location and

marvel at the history of stone craftsmanship in Asheville. Saturdays, Sept. 2 and Sept. 16, 10:30-12pm; meet at the

Colburn Earth Science Museum in Pack Place. Pre-registration encouraged but not required. Free for Museum members; \$5 per person non members.

## HOME TOURS

**Oct. 7**—Norwood Park 2006 Tour of Homes, 1-5pm, rain or shine. Featuring more than ten homes on this walking tour of a lovely early 1900s neighborhood located in North Asheville. Tour begins at 229 Murdock Avenue in the parking lot of Beth Israel Synagogue. Tickets are \$18 in advance or \$20 day of the tour. Visitors may purchase tickets beginning Sept. 23 at the following locations: The Asheville Wine Guy at 555 Merrimon Avenue or 1200 Hendersonville Road; Malaprops Bookstore downtown and the Asheville Chamber of Commerce. Children 15 and under are free. For more information please call (828)252-6636.

## MUSEUM

### Asheville Art Museum

Every first Wednesday of the month from 3-5pm, Museum is open and free to the public.

**Ongoing**—Exhibitions—Vantage Points: Perspectives on American Art 1960-1980. Art of the 1960s and 1970s is examined in four different galleries, including Photography, Women Artists, Sculpture and Pop Art and Geometric Imagery. Programs at the Asheville Art Museum:

**Every First Wednesday of the Month**, from 3-5pm, Museum Open Free to the Public.

**Southern Appalachian Radio Museum**, is the only radio museum open to the public in North Carolina. Enjoy exhibits of radios from long ago, plus an amateur radio station. Donations appreciated. Location: A-B Technical Community College in Asheville, room 315 of the Elm Building. Hours are 1-4pm each Wed. Tours: (828) 298-1847. Website: [www.saradio-museum.org](http://www.saradio-museum.org).

## MUSIC

**Ongoing**—Lucianne Evans-standards solo vocal/piano, Fridays 6:30-9:30pm, Bistro 502, 502 N. Main St. Hendersonville (828) 697-5350.

The New York Lyric Chamber Players - Oct. 6, Trio Solisti - Nov. 3, Ying Quartet - Jan. 19, Moscow String Quartet - Feb. 9, 2007 Fine Arts String Quartet - March 30, 2007

All concerts at 8pm on Friday evenings, at the Asheville Unitarian-Universalist Church, single tickets \$25 at the door on a first come first served basis.

**Oct. 1, 4pm**—The UNC Asheville Concert Band and Percussion Ensemble will perform in UNC Asheville's Lipinsky Auditorium. The Concert Band, directed by John Entzi, will perform selections including, "The Strategic Air Command March" and "Incantation and Dance". Admission is \$5. For more information or to reserve a \$40 season ticket, call UNC Asheville's Music Department at (828) 251-6432.

**Oct. 1, at 3pm**—Concert for Piano and Strings at St. Matthias Episcopal Church off S. Charlotte St. Free. The church is located just

off S. Charlotte St. at Max St. Shuttle parking is available from the Public Works parking lot on South Charlotte St.

**Oct. 1, 7:30pm**—Nathan Granner/Beau Bledsoe. Tenor and Flamenco Guitar. The Grey Eagle Tavern \$10 Adv, \$12 Day 185 Clingman Ave., Asheville. Call (828) 232-5800. [www.thegreyeagle.com](http://www.thegreyeagle.com).

**Oct. 4**—The Sadies in concert at the Grey Eagle.

**Oct. 6, 7:30pm**—Brevard College's Porter Center for Performing Arts presents. Dirty Dozen Brass Band, New Orleans jazz Call (828) 884-8330 or visit [www.theportercenter.org](http://www.theportercenter.org).

**Oct. 6**—Asheville Chamber Music Series presents The New York Lyric Chamber Players, Peter Schickele-Quartet for Clarinet, Piano, Violin and Chello and Messiaen-Quartet for the End of Time. (828) 298-5085, [www.main.nc.us/ashevillechambermusic](http://www.main.nc.us/ashevillechambermusic).

**Oct. 7, 5pm**—Tom Fisch will perform on the back deck of "Little Rainbow Row" in Flat Rock. Summer Music in Flat Rock concerts are free. For more information call (828) 697-7719.

**Oct. 7, 7:30pm**—Hwa-Jin Kim, UNC Asheville adjunct assistant professor, will perform Mozart's Piano Concerto No. 23 with the Blue Ridge Orchestra in UNC Asheville's Lipinsky Auditorium. Admission is \$10. For more information or to reserve a \$40 season ticket, call UNC Asheville's Music Department at (828) 251-6432.

**Oct. 12, 7:30pm**—Brevard College's Porter Center for Performing Arts presents Academy of St. Martin in the Fields Chamber Ensemble. Call (828) 884-8330 or visit [www.theporter-center.org](http://www.theporter-center.org).

**Oct. 14**—Celtic Harp Concert. "The Greatest Celtic Harper of Our Age" (---Live Ireland Radio). Marie Ni Chatsaigh is one of Ireland's most important musicians. Winner of the TG4 Irish Musician of the Year, a prestige comparable to our Grammy Award, Marie astounds audiences with Irish dance music and ballads. Opening act Frank Voltz will surprise you with jazz gospel on celtic harp! Your concept of harp will never be the same after this great night. Unitarian Church of Asheville, 1/2 mile north of I-240 on Charlotte Street. Tickets \$25, (828) 649-3739 or at the door.

**Oct. 15, 3pm**—The Mountains of Asheville Flute Ensemble will present a concert at St. Matthias Episcopal Church facing South Charlotte St. in Asheville. The ensemble will present a variety of music including Celtic, jazz standards, and light classics. Free. The church is located in Asheville just off South Charlotte St. at Max St.

**Oct. 15, 2-5:15pm**—African InterPlay! with Masankho of Malawi. Play with voice, story, movement and each other. 20 Oak St., 28801. [www.interplaync.org](http://www.interplaync.org) or (828) 254-6484

**Oct. 18, 8pm**—Kicking off UNC Asheville's 2006-07 Cultural and Special Events season, virtuoso Laurie Anderson will perform "The End of the Moon" at the Diana Wortham Theatre, at Pack Place in downtown Asheville. All seats are reserved. Tickets for the general

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public are \$45. Call the Diana Wortham Theatre box office at (828) 257-4530 for tickets. For more information about this performance or the Cultural & Special Events season, call (828) 251-6227.

**Oct. 22, 4pm**—The UNC Asheville Jazz Band and Jazz Choir will take the stage in UNC Asheville's Lipinsky Auditorium. David Wilkin will direct the Jazz Band and Melodie Galloway will lead the Jazz Choir. Admission is \$5. For more information or to reserve a \$40 season ticket, call UNC Asheville's Music Department at (828) 251-6432.

**Oct. 26, 7:30pm**—Brevard College's Porter Center for Performing Arts presents John Williams & John Etheridge, guitars. Call (828) 884-8330 or visit [www.theportercenter.org](http://www.theportercenter.org).

**Oct. 29, 3pm**—Recollections: Chamber Music of William Grant Still, Joseph Jongen and others. Kate Steinbeck, flute; Cara Jenkins, oboe; Dewitt Tipton, piano. The Cathedral of All Souls, 3 Angle St. Biltmore Village Asheville. Admission: \$10 general; students admitted free of charge. Tickets available at the door. For more information, please visit [www.keowee-chambermusic.org](http://www.keowee-chambermusic.org) or call (828) 254-7123.

**Oct. 29, 3pm**—The UNCA University Singers and String Quartet will be performing at the Basilica of St. Lawrence, 97 Haywood St. The groups will perform under the direction of Melodie Galloway and Inez Redman. Donations are requested. For more information or to reserve a \$40 season ticket, call UNC Asheville's Music Department at (828) 251-6432.

**Oct. 30**—Bang on a Can All-Stars with special guest Don Byron to the Lipinsky Auditorium stage at 8pm. General admission tickets are \$22. To reserve tickets by phone, call the UNC Asheville box office at (828) 232-5000. For more information about this performance or the Cultural & Special Events season, call (828) 251-6227.

## OKTOBERFEST

**Oct. 14**—Join us for our 3rd annual Oktoberfest to benefit Children First of Buncombe County beginning at noon (tents in parking lot). The Alpenlanders and Steve Haynes will provide music. There will be food, beverages, children's activities and loads of fun. Call (828) 687-7980 for more information or visit our website at [www.blackforestasheville](http://www.blackforestasheville)

## OPERA

**The Asheville Lyric Opera presents its 2006-2007 calendar:**

**Oct. 27 & 28, 2006**—Gaetano Donizetti's *L'Elisir d'Amore* (The Elixir of Love)

**Feb 9-11, 2007**—Franz Lehar's *Merry Widow*,

**Apr. 13 & 14, 2007**—Giuseppe Verdi's *La Traviata*

Brand new subscription prices range from \$90 to \$111. For a season brochure, call Ticket

Services at (828) 236-0670. Brand new single tickets prices for *L'Elisir d'Amore* (The Elixir of Love), *Merry Widow*, *La Traviata* go on sale to the public on Sept. 5, 2006 with prices ranging from \$35 to \$45. Single tickets will be sold exclusively through the Diana Wortham Theatre box office at (828) 257-4530, [www.dwthetheatre.com](http://www.dwthetheatre.com) or in person at The Diana Wortham Theatre, 2 South Pack Square in Asheville.

## Corgi Tales



## SOUTHEASTERN HARP WEEKEND

**Oct. 13-15**—Largest folk harp conference in Southeast at beautiful Lutheridge Retreat Center near Asheville airport. Workshops with world-class clinicians. Concerts, camaraderie and enticing vendor hall with all styles of folk harps. [www.southeasternharps.com](http://www.southeasternharps.com) (828) 649-3739. Also, Oct. 15, try the folk harp for free 9:30-11am. Folk harp sounds beautiful from the first string-pluck. Just show up.

## SPIRITUAL EXPERIENCE

**Nov. 3, 7-9pm Jubilee!**—The call to spiritual experience. An introductory lecture on Traditional Kundalini Science with Shivarpita, Ph.D. The time-tested system of T.K.S. offers spiritual people of all traditions a gentle way to progress spirituality and experience advanced inner awareness. Community, (828) 337-9009, [KundaliniCare@gmail.com](mailto:KundaliniCare@gmail.com).

## THEATRE

**Through Oct. 15**—The Haywood Arts Regional Theatre presents *The Full Monty*. HART is located at 250 Pigeon St. Hwy. 276 S. in downtown Waynesville. To contact the theatre call (828) 456-6322.

**North Carolina Stage Company Presents 2006-2007 Performance Calendar:**

Show times: All mainstage shows run Wed.-Sat. at 7:30pm, Sun. at 2pm. Family Passport is every Sat. 11am-12pm.

Ticket prices: Mainstage prices: first Wed. is Pay-What-You-Can Night, other Wed. \$15; Thurs. and Sun. \$20; Fri. and Sat. \$23. Family Passport tickets are \$5 for all ages.

**Oct. 11-29, 2006**—*The Dresser*

**Dec. 6-17, 2006**—*It's A Wonderful Life: A Live Radio Play*

**Feb. 21-Mar. 11, 2007**—*All in the Timing*

**Apr. 11-29, 2007**—*A Midsummer Night's*

*Dream*

**May 9-20, 2007**—*Chesapeake*

**Sept. 7-17, 2006**—A Telling Experience—*In the Father's Hand*

**Nov. 2-12, 2006**—A Telling Experience—*The Separation of Heaven and Earth*

**Jan. 10-21, 2007**—Bill and Neela Muñoz—SHOW TO BE ANNOUNCED

**Jan. 24-Feb. 4, 2007**—The Redundant Theatre Company Theatre—Valentine's show 2007

by Phil Hawkins

**Mar. 21-Apr. 1, 2007**—immediate theatre project—TO BE ANNOUNCED

**June 21-June 30, 2007**—A Telling Experience—*The Epic of Gilgamesh*

**Transylvania Arts Council** announces its 2005-2006 Performing Arts Series: Sharing Stories, Near and Far. To purchase performance tickets or to register for an artist's workshop, call TransylvaniaArts Council at (828) 884-2787 or visit the Arts Center at 321 South Caldwell Street, in Brevard, NC. All performances 7pm.

**Tickets now available for the 2006 season at Flat Rock Playhouse.** Tickets for 2006 range from \$5-\$32 (with discounts available). For tickets or info call (828) 693-0731 This year's schedule include:

*Leading Ladies, Sept. 13 – Oct. 1*

*I Love You, You're Perfect...Now Change!, Oct. 4 – 22*

*The Rainmaker, Oct. 27 – Nov. 12*

*Sanders Family Christmas, Nov. 15 – Dec. 3*

*The Best Christmas Pageant Ever, Dec. 8 – 17*

## TOURS

**Asheville Ghost Tour**—a leisurely walking tour taking approximately 90 minutes and covering less than a mile. For more information and to make reservations call (828) 337-0645.

## WINE EVENTS

**Oct. 11, 7pm**—A five course Italian wine dinner will be presented by La Caterina and chef Paul Brady. Wines to pair with the food will be provided by the Weinhaus. Cost is \$55 all inclusive. Call the Weinhaus at (828) 254-6453 for reservations.

**Oct. 17, 7pm**—Deborah Gray, importer with the Australian Wine Connection, will join with Zambra's and the Weinhaus to present a five course meal paired with fine wines from Australia along with Zambra's famous tapas. Cost is \$55 all inclusive. Call the Weinhaus for reservations at (828) 254-6453.

**Oct. 21, 2-4pm**—What's new from Italy? Come to a free wine tasting at the Weinhaus at 86 Patton Ave., Asheville.

**Oct. 26, 7pm**—A beer tasting dinner featuring artisan brewed beers from all over the country will be held at The Jerusalem Garden Cafe. Cost is \$40. Call the Weinhaus for reservations at (828) 254-6453.

## WORKSHOPS/CLASSES

The Health Adventure offers its popular six-session **Clown Workshop for Adults**. Participants will learn about the FUN-damentals of clowning, including character development, lessons about makeup, costuming, body language, movement, props, gags and gimmicks, and general fun and silliness. Sessions run Tue. nights at The Health Adventure from 6-8:30pm on Sept. 19, 26, Oct. 3, 10, 17 and 24. Cost: \$85 plus cost of manual and makeup. The Health Adventure provides makeup during the experimentation process. To register or for more information, call Morgana Morgaine—also known as Kabookee the Clown, at (828) 254-6373, Ext. 326 or e-mail [morganam@thehealthadventure.org](mailto:morganam@thehealthadventure.org)

**Oct. 5, 7pm**—Essential Oils for Health and Well-being. Free presentation by Meg Shehad. For more info: [reallynetles@yahoo.com](mailto:reallynetles@yahoo.com), [www.gritman.com](http://www.gritman.com) Earth Fare, Westgate Shopping Ctr., Asheville.

**Oct. 9, 10, 11, 10-4pm**—SVFAL in Black Mtn. announces 3-day Workshop Oil Painting with Sandee Sander at the studio 999 Old Rt. 70W, Black Mountain. Cost \$190 for members and \$200 for non-members.

**Oct. 12, 7pm**—Intuitive Use of Essential Oils. Free presentation by Meg Shehad. For more info: [reallynetles@yahoo.com](mailto:reallynetles@yahoo.com), or visit [www.gritman.com](http://www.gritman.com). Earth Fare S. Asheville, 1856 Hendersonville Rd.

**Ongoing**—mbody ~ mind-body fitness studio. nia, yoga, pilates, tai chi and belly dance! Step into our beautiful, 1200 sf round studio. Take a week of free classes! 1200 Hendersonville Rd.. [www.mbody.net](http://www.mbody.net) for schedule. You wont believe how good it feels... inside. (828) 277-7500.

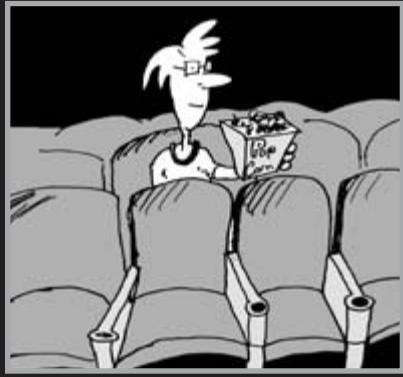
**Ongoing**—Figure drawing classes at Artemesia Gallery Thursdays from 6:30-9pm. Call (828) 259-3636 to sign up in advance. Limited to 10 students per class. Cost is \$10 per person.

**Ongoing**—Adult Theatre Workshops offered at Asheville Community Theatre. Beginning Acting, Improvisation and Writing & Performing Sketch Comedy Classes. Please contact Jenny Bunn at (828) 254-1320 x3 or [jenny@ashevilletheatre.org](mailto:jenny@ashevilletheatre.org) for more info [www.ashevilletheatre.org](http://www.ashevilletheatre.org).

**Ongoing**—Offering study groups, meditation, and workshops on japanese gardens, Tai Chi, calligraphy, and more. Open to all. Go to [www.greattretemple.org](http://www.greattretemple.org) for more information.

**Ongoing—Drawing Instruction.** Learn to draw from classically trained professional Asheville artist, James Daniel. Inexpensive and open to all. Call the studio at (828) 232-2232.





# OCTOBER MOVIES

## With CAULEY "QUICK-CUT" MICHAELA



Even would-be lovers played by Jude Law and Kate Winslet are tainted by corruption in the southern Gothic political drama, *All the King's Men*.

- ★★★★★-Fantastic
- ★★★★-Pretty darn good
- ★★★-Has some good points
- ★★-The previews lied
- ★-Only if you must
- ☹-Forget entirely

Autumn 2006 movies continue the trend of the year's spring and summer releases--lots of clunkers with a few scattered gems. As usual, the most eclectic choices are found at our locally-owned theatres, the Fine Arts Theatre and The Flat Rock Cinema. Bargain movies are every-day treats at our second-run theatres, such as Four Seasons and Asheville Pizza and Brewery.

### 'ALL THE KING'S MEN' ★★★★★ 1/2

Political Drama, PG-13

*All the King's Men* seems to have set off this season's film critic feeding frenzy. Once the bloodlust is let loose, the hapless film doesn't have a chance. My lone voice couldn't save last year's much-maligned sci-fi adventure, *Aeon Flux*, starring Charlize Theron, so I'm not under any illusion that any praise I render *King's Men* will help it much. The film is nowhere near as awful as other critics are saying it is. Alas, it's also not anywhere near as good as the heart-grabbing previews promised.

The performances are memorable, the cinematography is languorously mesmerizing, and the political relevance is pointed. (After all, who can forget last year's images of incompetent politicians throwing blame around as fiercely as the winds of Hurricane Katrina?) But all the worthwhile elements of the movie are subverted by one major problem--the too-ambitious script by writer/director Steve Zaillian (*A Civil Action*) fails to hold them together. *King's Men* is like a collection of exploding scattershot instead the gradual unfurling of a beautiful tapestry. The phrase "magnificent failure" keeps coming to mind.

If you are a fan of Robert Penn Warren's famous novel—a story with one foot planted in poetry and the other in south-

ern Gothic shadows—you'll already have a roadmap to guide you through the movie's labyrinthine byways. If you consider Sean Penn to be one of the country's great actors (and you're sophisticated enough to judge an artist's art, not his personal politics), you can dismiss all the absurd criticism that Penn is too slim in stature to portray a character based on the hefty real-life Louisiana governor Huey Long. You'll also realize it's totally unfair to compare his work to the work of another actor playing the same character two generations before—in this case stocky Broderick Crawford in the 1949 version of the film that won him an Oscar.

If you're a storyteller, poet, writer or lover of our own mountain's rich oral tradition, you'll marvel at the sheer verbal power of speech in the film. In fact, it's the dialogue, more than any other element in the film that will make me want to see it again.

The time (unlike the 1920s and '30s of the novel and the original film version) is the mid 1940s, when southern Negroes are beginning to feel the power of their numbers and politicians are starting to court them. Willie Stark (Sean Penn, *The Interpreter*) is a clean-living, wife-honoring, idealistic small-town do-gooder—that rare phenomenon in power circles below the Mason-Dixon line—an honest man. But as he rises to power and turns the governor's office of Louisiana into his personal dictatorship, Stark's path to corruption consumes him and everyone around him.

That sordid tale is chronicled by dissolute high-born news reporter Jack Burden (Jude Law, *Cold Mountain*). Stark's wife disappears shortly after the film begins and Stark's descent into evil is portrayed, somewhat ridiculously, by a string of nameless nightclub dancers. Helping Stark is savvy Sadie Burke (Patricia Clarkson, *Good Night, Good Luck*) who, for some reason, has become the governor's mistress as well as his right-hand aide (Anthony Hopkins, *The World's Fastest Indian*) Burden's loving aged stepfather, whose years of kindness mean nothing when weighed against a long-buried secret.

Burden's childhood friends are the woman he never allowed himself to marry,

Anne Stanton (Kate Winslet, *Finding Neverland*), and her brother Adam (Mark Ruffalo, *Rumor Has It*), a crusading physician. Lurking nearby in the shadows as if he just escaped from a TV movie is the ever-present menace of Stark's armed bodyguard, Sugar Boy (Jackie Earl Haley, *Little Children*).

The pace is slow, but I, for one, never found the movie boring. Puzzling, disconcerting, dissonant, but never boring. All the strong elements of the film—the gorgeous cinematography, costuming, set decoration, the fine albeit splintered performances, even the occasionally over-the-top music is enough to warrant a bargain matinee viewing.

Rated PG-13 for an intense sequence of violence, sexual content and partial nudity.

### 'THE ILLUSIONIST' ★★★★★

Romantic Drama, PG-13

*The Illusionist* is a movie so perfect that when you leave the theatre you know you've just brushed against greatness. Every element—acting, cinematography, music—is like a jewel on a perfectly knotted string. The subject is illusion and the role that illusion (or delusion or denial?) plays in life—and death. What could be a more appropriate subject for the medium built on illusion than illusion itself? And every second of the film is more exhilarating than the one before it, until the final breathtaking scene when you realize the all-consuming seduction of illusion and you, too, like the characters in the movie, can never grow immune from its magical power.

Although the themes of *The Illusionist* are as relevant as today's headlines, its setting in romantic Vienna at the turn of the century gives it the mystery inherent in stories from another time and place. Edward Norton, in an exquisitely nuanced performance, (topping a career of increasingly impressive performances (*Red Dragon*, *25th Hour*, *The Italian Job*, *Kingdom of Heaven*), plays Eisenheim, a skilled crafts-

man and brilliant stage conjurer who returns to his home town after a long absence. On stage he comes face to face with the girl he once loved, Sophie, played by the luminous Jessica Biel (*Stealth*). She's now a grown woman and the reluctant fiancée of Crown Prince Leopold (Rufus Sewell, *Tristan + Isolde*). The prince, who is planning a coup against his father the Emperor, happens to be a closet sadist and no woman alone is his company is safe for very long.

Carrying out the prince's orders is the head of his not-so-secret police force, Chief Inspector Uhl (Paul Giamatti, *Lady in the Water*). Trusting his intelligence, and disregarding the blinders cast by his ambition, Uhl becomes fascinated with Eisenheim's seemingly supernatural skills. When Sophie's body is pulled lifeless from an icy river, he comes to believe Eisenheim's anguished charge that Prince Leopold killed her, just as he had killed—and gone unpunished—for the murder of another woman.

But can a performance magician refrain from illusion in his off-stage life? Can anyone intrigued by illusion escape from it? Can love really conquer all? And is it really possible for a nearly untried writer/director (Neil Burger, *Interview with the Assassin*, 2002) to come out of nowhere and create one of the best, if not the best, film of the year?

Ah, you'll have to see the movie for those answers. They are questions you'll enjoy seeing posed—if not completely answered. Don't wait to see this movie on DVD or video. Run to see *The Illusionist* on the big screen in that last remaining public place dedicated to illusion—the movie theatre.

Rated PG-13 for some sexuality and violence.

### 'LITTLE MISS SUNSHINE' ★★★★★

Comedy, R

*Little Miss Sunshine* isn't really as perfect as everyone says it is. (*The Illusionist* is perfect.) But it's so darn delightful, especially in a year in which the word "delightful" hasn't yet described any other film



# FILM REVIEWS

released so far, that you just feel awful making any complaints about it. See them below, anyway.

The Hoover family in Flagstaff, Ariz., is no more dysfunctional than other American families. They've just got all their stuff concentrated, as it should happen in any good story, at one time, and as it should happen in any good motion picture, happening while they're in transit.

Greg Kinnear (*We Were Soldiers*) is Richard Hoover, a middle-aged loser convinced he can turn everyone in the world into winners if he can just convince someone to publish his theories. His annoyingly long-suffering wife Sheryl (Toni Colette, *The Night Listener*) seems eternally caught between the advice of magazine articles entitled "How to Support Your Man in His Mid-Life Crisis" and "Take Charge Now-or Lose Forever." Teenage son Dwayne (Paul Dano, *Fast Food Nation*) has taken a Nietzsche-influenced vow of silence and his facial expressions provide some of the best dialogue in the film.

Richard's aged father is Grandpa Edwin Hoover, a pot-smoking, foul-mouth reprobate, gleefully played by Alan Arkin, who wears a black leather vest as if to deliberately call to mind his hilarious character Lt. Rozanov in *The Russians are Coming the Russians are Coming* 40 years ago.

In the mix comes Sheryl's sad-sack brother Frank (Steve Carrell, *The 40 Year*



A journey with a dysfunctional family in their broken-down VW bus makes *Little Miss Sunshine* one of the most charming movies of the year.

*Old Virgin*), the #2 Proust scholar in the country who just tried to commit suicide after his lover left him for the #1 Proust scholar. Giving some hope to everyone is little Olive (Abigail Breslin, *Signs*), who at only 10 years old is too young to have let life's realities quash her sunny optimism.

When Olive gets a chance to compete for the Little Miss Sunshine pageant in California, the family decides to get into their run-down van and take her there. Mom, apparently busy to the point of negligence about Olive's extracurricular activities, fails to appreciate the degree to which Grandpa Irwin could influence Olive when he takes on the job of choreographing her dance routine. But never fear, Grandpa's legacy will live on, no matter how many

obstacles occur on the road trip. And boy, do they occur.

Anyone who has had a trouble-prone road trip might feel like weeping during *Little Miss Sunshine* but it's so funny (because it's so real?) you end up howling with laughter as each new predicament occurs. Olive does finally get to the pageant on time and, to the horror of the pageant officials and the delight of everyone else, she performs the side-splitting routine Grandpa helped her create.

The movie, directed by happy California filmmaking couple, Jonathan Dayton and Valerie Faris, is so charming that you're not really going to be too distracted by its imperfections. It's okay that Dwayne's return to verbal society is too quick to be realistic, that Mom, the only adult female character, remains blah throughout, that Grandpa exits too soon, that Richard stays pathetic, and Frank will never graduate from Proust. There's always Olive, Little Miss Sunshine, to save them and us.

*Rated R for language, some sex and drug content*

## 'THE WICKER MAN' 1/2

Horror, R

The main point of this movie is something I've been saying to men for a long time—guys, don't trust anorexic women with overly botoxed lips. And gals, don't lose any sleep fantasizing about Nicolas Cage in tight black leather pants. Some men just do not look good when dressed up as a motorcycle cop.

I was actually looking forward to this movie. I love Nicolas Cage (one of my favorite movies of all time is *Lord of War*, which Cage made brilliant). But even a great actor happens occasionally to make a clunker and this is it. The original *Wicker Man*, starring Edward Woodward (1973), was a truly scary movie shot in Scotland and I liked the idea of updating it to the American Northwest. Unlike most horror films in which a woman is terrorized, a man is the victim in *The Wicker Man*. And he is lured to his demise, not because he's a random innocent caught in the wrong place at the wrong time, but because he's deliberately chosen to be sacrificed. It's his basic goodness that proves his undoing. In the whole scheme of things, that's a pretty

'Movies' continued next pg.

As many know, "Cauley Michaela" is the name Marcianne Miller uses when writing about movies for *Rapid River Art and Culture Magazine*. Contact her at [cauley2000@bellsouth.net](mailto:cauley2000@bellsouth.net)

## NEXT MONTH:

In November we'll be reporting on:

*The Departed*  
*The Marine*  
*Infamous*  
*Fast food Nation*  
*The Prestige*

## TEEN CORNER

### 'THE ILLUSIONIST' 4/5

Romantic Drama, PG-13

by Sierra Bicking

Are you a believer? This movie separates those who believe in magic, from those who don't. Is magic real? Or just an illusion? *The Illusionist* asks these very same questions, but leaves it up to you to decide the answer.



Film fan and movie critic Sierra Bicking lives in Asheville

It tells the story of two young lovers, Eisenheim (Edward Norton) and Sophie (Jessica Biel) who are separated because they are from two different levels of society. Eisenheim goes off and becomes a talented magician, while Sophie becomes engaged to evil Crown Prince

Leopold (Rufus Sewell). They later meet at one of Eisenheim's performances, where they recognize each other and realize their hearts' true feelings. They then decide to



Edward Norton is the stage magician and Jessica Biel is the woman he loves in the fantastic romantic drama, *The Illusionist*.

run away together, but not without facing some obstacles. Chief Inspector Uhl (Paul Giamatti) follows them and realizes their plan. Everything and everyone go a little crazy after that, swirling the misty senses of reality and illusions, making it one of the most surreal, thought-provoking movies of our time.

Director Neil Burger knew what he was doing when he created this movie. He tricked his audience into believing some-

thing other than what was real, all the while dropping little hints about the truth.

The complexity of the little things happening in the movie made the audience sit on the edge of their seats and chatter about the clues and hints the direc-

tor had hidden within the folds of Eisenheim's talents. Burger created a world in which everything that seems real isn't, becoming just an illusion. After all, "nothing is what it seems."

*Rated PG-13 for some sexuality and violence.*

### 'HOW TO EAT FRIED WORMS' 1/2

Teenage Comedy, PG

by Zach Maynard



Film fan Zach Maynard is 14 years old, and will be in the 9th grade this year.

Billy Forrester is the new kid in town. He ends up having to eat 10 worms in the most disgusting way that anyone could think of just to fit in.

In the end, he learns a lesson that no one should have to do stupid things just to get some friends.

Disgusting and funny at the same time is hard to do, but *How to Eat Fried Worms* brilliantly did the trick. Though it was nothing like the book, your families and friends should enjoy it. I personally loved the movie and its characters and thought the actors were absolutely perfect for the characters they played. If you're

wondering if this movie was corny, no, but it is only as mature as a PG movie can get.

*Rated PG for mild bullying and some crude humor.*



# MOVIES&MORE

'Movies' continued next pg.

horrifying premise.

The ultimate appeal however was that the movie was supposed to be in a setting of Goddess-honoring women. Oh honeys, don't believe that either. The closest the women get to the Goddess in this movie is their extensive beekeeping, but don't embarrass those noble insects by describing those fulsome lips on the lead hottie, Sister Willow (Kate Beehan, *Flightplan*), as "bee-stung." Those lips are not natural creations and the more Sister Willow puffed up her lips, the more sinister she got. Why Nicholas Cage's character, a delusional cop, couldn't get that obvious clue leaves me clueless.

Somewhere between honorable remake intentions and disrespect of true goddess-honoring people, between spending too much on costumes and not enough on the script, *The Wicker Man* got lost irretrievably lost. If you want to be scared, watch the original *Wicker Man*. But if you want a few laughs, go see the new version.

*Rated PG-13 for disturbing images and violence, language and thematic issues.*

Wondering if you should spend your hard-earned money on a recent theatrical released movie that's now on DVD? Check out Cauley Michaela's past movie reviews on the Rapid River website: [www.rapidrivermagazine.com](http://www.rapidrivermagazine.com).

## SUNDAYS WITH HENDERSONVILLE FILM SOCIETY

by Chip Kaufmann

*The Hendersonville Film Society is a non-profit organization dedicated to showing significant but rarely seen movies on Sunday afternoons. From classics to contemporary gems, the society's schedule is a film lover's dream.*

**October 1:** *Eight Men Out*. From acclaimed independent American film director John Sayles (*Sunshine State*) comes this colorful recreation of a scandal that rocked the sports world and captivated the nation. The true story of the Chicago "Black Sox" who threw the 1919 World Series to gambling interests and were banned from baseball. With David Strathairn, John Cusack and Studs Turkel. 1988. USA Color 119 minutes

**October 8:** No Screening. (Private Party Scheduled.)

**October 15:** *Pork Chop Hill*. Gregory Peck stars in this grimly realistic film from Academy Award winning director Lewis Milestone (*All Quiet on the Western Front*).



Gregory Peck in *Pork Chop Hill*

It is set during the close of the Korean War and depicts the real life experiences of Lt. Joe Clemons as he and his troops try to capture a piece of ground that is in truth strategically pointless. Retired

Colonel Clemons will be in attendance. Veterans wishing to attend will be welcome.

1959 USA Black and White 98 minutes

**October 22:** Silent Film Double Bill! *The Unknown*. Silent screen legend Lon Chaney stars in this highly emotional story of a love triangle set in a traveling circus in Spain. The film also features a young Joan Crawford in her second major role. Long thought lost, *The Unknown* was rediscovered in France in the 1980s. (See *Tod Browning: America's First Film Master of the Macabre* below) Director: Tod Browning (*Freaks*, *Dracula*) 1927 USA Silent with music score. Black and White 50 minutes.

**TBA:** *Big Business*. One of the most famous Laurel & Hardy shorts is about Christmas tree salesmen in California. Selected by the American Film Institute as one of its Top 100 Comedies. 1928 USA Silent with music score Black and White 22 minutes.

**October 29:** *The Changeling*. George C. Scott stars in this top-flight thriller with supernatural overtones. He plays a recently widowed classical musician who tries to solve the mystery of an old Seattle home which holds a secret that may involve a powerful U.S. senator. With Trish Van Devere and Melvyn Douglas. Director: Peter Medak (*The Ruling Class*) 1979 Canada Color 109 minutes.

**What:** Hendersonville Film Society Screenings

**When:** Sundays at 2pm

**Where:** Smoky Mountain Theatre in the Lake Pointe Landing Community, 333 Thompson Street, behind the Epic Theatres in Hendersonville.

**Call:** Elaine Ciampi at 828-697-7310

Open to all. Donations requested.

# Tod Browning: America's first film master of the macabre

By CHIP KAUFMANN

The year 2005 marked the 125<sup>th</sup> anniversary of the birth of American filmmaker Tod Browning — although he would have never thought of himself in that term.

He considered himself to be just a director, plain and simple. In reality he was a director of great originality, a master of the macabre, an Alfred Hitchcock before Hitchcock. Browning began his career in the silent era and had trouble adapting to sound where the visual aspect of a film became less important. Today he would be compared to such contemporary directors as David Lynch and Guy Maddin, both of whom have credited him as a source of inspiration.

Browning is best known today for one of his lesser efforts, the 1931 film version of *Dracula*, which is celebrating its 75<sup>th</sup> anniversary this year. It officially launched the golden age of American horror films thanks to its iconic star Bela Lugosi, but only the first half of the movie features the director's atmospheric signature touches

The other Browning film familiar to filmgoers is *Freaks*, a 1932 circus melodrama that employed real-life sideshow curiosities, such as Siamese twins, pinheads, and a legless man. Their inclusion in the film gave it a disastrous preview, and the film was mercilessly shorn from 90 to 61 minutes. *Freaks* effectively ended Browning's career in Hollywood although he still had a few tricks up his sleeve. Two of those tricks will make their DVD debut later this month.

Warner Home Video is releasing a 3-DVD set of six feature films from the 1930s entitled *Hollywood's Legends of Horror*. Included in the set are Browning's *Mark of the Vampire* (1935) and *The Devil Doll* (1936). The former gives Bela Lugosi a



chance to reprise his Dracula role, using a different name. *The Devil Doll* features a highly original scenario in which a falsely accused man escapes from prison, disguises himself as a woman, and shrinks people to the size of Barbie dolls in order to enact his revenge. The release date of the DVD set is Oct. 10.

There are currently two other Tod Browning films available on DVD. They are *The Wicked Darling* (1919), a celebrated Lon Chaney film, and *The Unknown* (1927) which features a carnival setting the same as *Freaks*. It co-stars a young up and coming MGM actress named Joan Crawford.

Because of the failure of *Freaks*, Browning was no longer able to pick his own projects. He was given the choice

of remakes or properties that no one else wanted. After *Miracles For Sale*, a 1939 film about rivalry among magicians, Browning walked away from the movie business and never looked back. He died in 1962.

Film fans hope more of his celluloid legacy will be made available on DVD so that his highly original cinematic vision can be seen once again. For more background on the life and career of Tod Browning, consult David J. Skal's excellent book, *The Dark Carnival: The Secret World of Tod Browning* (Doubleday, 1995).

*Chip Kaufmann, president of the Hendersonville Film Society, is also a classical music host for WCQS, 88.1 FM, where he can be heard Thursday evenings at 7 pm.*

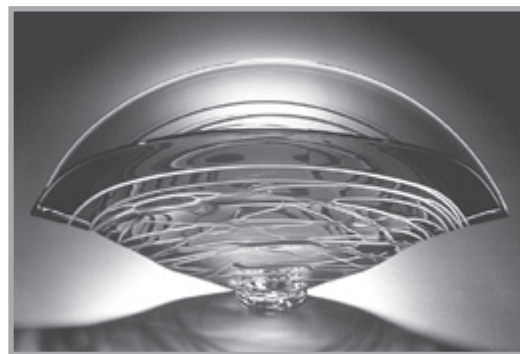
The Hendersonville Film Society will screen Tod Browning's *The Unknown* on Sunday Oct. 8 at 2pm. See the Hendersonville Film Society schedule above.



# Gallery notes:

## GLASS ARTIST VICTOR CHIARIZIA JOINS SILVER FOX GALLERY; OPENING RECEPTION FRIDAY, OCT. 6

A reception for glass artist Victor Chiarizia will be held at the Silver Fox Gallery on Friday, Oct. 6 from 6-9pm as



At Silver Fox Gallery 'Gondola,' Victor Chiarizia, 18" wide x 10" high, incalmo glass, amethyst cognac with tapestry swirl.

part of the Downtown Hendersonville first Friday art stroll.

Chiarizia, who recently moved to Western North Carolina from Connecticut, joins the Silver Fox Gallery as one of 10 resident artists whose work is always avail-

able through the gallery and for whom exhibits are held every 18-24 months.

Chiarizia's glass is well known for its technical innovations, organic forms and spirited colorations. The

Silver Fox Gallery will show Chiarizia's limited edition vessels and sculptures, which demonstrate an exceptional use of incalmo, a 500-year-old Venetian technique that requires the artist to create cup-shape vessels that are connected to one another on the blow pipe.

Incalmo and reverse incalmo are complex and physically demanding processes for even the most experienced glassblowers. Chiarizia uses this unusual technique to produce large vertical and diagonal bands of color within a vessel.

**The Silver Fox Gallery is open seven days a week, Monday through Thursday and Saturday, 10 a.m. to 6 p.m., Friday to 9 p.m., and Sunday noon-5pm. Fox Gallery, (828) 698-0601, silverfox-art@bellsouth.net**



Gallery Minerva: Winter— "Searching for the Golden Altar" by Chris Sedgwick

## CELEBRATING THE SEASONS, A NEW SHOW AT GALLERY MINERVA OPENS OCT.

Gallery Minerva is having a show that coincides with the Asheville Art Walk with an opening reception at 6pm on Friday, Oct. 6.

The show which is titled "Celebrating the Seasons" will be featuring seasonal paintings and sculpture from artists: Chris Sedgwick, Kat Fullilove, Kate Worm, Ian Brownlee, Steve St. Clair, Michelle Miller and Cassie Ryalls

This show will run through the month of October. It is full of traditional landscapes as well as contemporary paintings and sculptures....a very diverse mix of artists and very interesting work.

**Gallery Minerva, 12 Church Street, downtown Asheville, (828)255-8850 or visit [www.galleryminerva.com](http://www.galleryminerva.com)**



Wickwire: Claire DeLong Taylor "Sandburg Home - Late Summer" oil on board The 2005 Best of Show winning painting.

## WICKWIRE CELEBRATES THE FALL SEASON WITH 'CITY OF FOUR SEASONS IN TWO DIMENSIONS'

Wickwire Gallery in Hendersonville will have an opening Reception Friday, Oct. 6 5:30 to 7:30pm to kick off their "City of Four Seasons in two dimensions." This is part of the Downtown Hendersonville first Friday art stroll. The show will continue through Nov. 5.

**Wickwire fine art/folk art — 329 N. Main St. [www.wickwireartgallery.com](http://www.wickwireartgallery.com) M-S 10-6pm, Sun 1-4 and \*First Friday of the Month until 9pm - (828) 692-6222 330 and 329 Historic Downtown Hendersonville, NC**

# Expansion and contraction

BY BILL WALZ

**H**ave you ever considered that the two fundamental principles of the Universe are expansion and contraction?

Physics has proved to us that everything is energy, and that the basic variable distinguishing the various manifestations of energy is density of form. The most basic difference between solids, liquids, gases and pure energy is density of form. The very radical principle of Buddhist psychology is that the same principle applies to mind.

Buddhism refers to the thoughts that occupy your mind as mental forms. They are the energy of the mind contracted into form-objects. These objects conform to the dimensions and parameters that society, culture, family and personal experience have programmed into us. It is not unlike a sculptor who only has the materials of their region and the images that their culture deems acceptable for sculpting. We only have the patterns for representing the possibilities of life that have been pre-programmed into us.

Now, just as the sculptor has wood, stone or metal to form a sculpture with, these



Bill Walz

forms in the mind have different properties.

Different types of mind-forms have different densities that you can begin to distinguish, even affect, when you train through meditation the non-verbal perceiving dimension of mind. The amazing thing about humans is that we have the capacity to transform the dimensionality of the energy with which we sculpt our mental forms, the contents of the mind. Without the training of meditation, we are mostly unaware of this capacity other than as a faint intuition.

I am a believer that there are only two primary human emotions, and they are love and fear. These are the principles of union and separateness, with the commensurate properties of expansion and contraction. Love is the experience of oneness with another person, with nature, even with God, Spirit or the Universe. In this experience, the energy of the mind expands so that a person's identity likewise expands to encompass that which is being loved. Conversely, the experience of fear is a contraction of a person's identity into ever more isolated aloneness, and so, the energy of the mind contracts into a smaller and smaller, lonelier and more vulnerable sense of self. All other emotions are variations of love and fear with corresponding variations of the dimensionality of the energy of the

mind.

Affection, happiness, appreciation, kindness, generosity are all variations of love, not quite as expansive and inclusive, but clearly sharing that expansive, inclusive quality. Anger, aversion, hatred, repulsion, greed are all emotions that are derivatives of the experience of fear, of separateness, difference, rejection. The sense of self that is the ego contracts behind a barrier of separateness to defend itself against perceived threats. The mind sculpts tight, dense, contracted forms of thought concerning the threatening "other" and the embattled "self". Some emotions, like sadness, are ambivalent combinations of love and fear, vacillating between inclusion and separateness, identification and loss.

How do we know that this is true? Try it for yourself. Think of a person or situation that is very pleasant and personally supportive of you. Experience how the thought *feels*. Emotion is the body's feeling response to thought. Then think of a person or situation that is threatening to you. Experience how that thought feels. See? To have a pleasant thought-form in mind causes your sense of self to expand to include the object of the thought resulting in an expansive experience of mind and body. To have a threatening thought-form in mind is to experience your mental energy contracting into the dense form of

the fear/anger-thought and so too the body contracts into corresponding tension-emotions.

Buddhism teaches enlightenment. *Enlighten-ment*. The miracle of mindfulness is the alchemy of transformation of the forms of the mind from separateness-fear-based thoughts that leave you and your experience of life very heavy and dense to union-love-based thoughts (and no-thought) that bring to you a very light and expansive experience of life. You become the sculptor of your life-experience capable of transforming thoughts with the threatening dense hardness of steel into the lightness and healing capacity of, well, - light, the pure energy from which we come. The expansive unity of the Universe becomes the field in which we play. How light, how expansive your mind can be is the liberating and healing practice of a lifetime.

Bill Walz is a UNCA adjunct faculty member and a private-practice teacher of mindfulness, personal growth and consciousness. He holds a weekly meditation class, Mondays, 7pm at the Friends Meeting House, 227 Edgewood. Info on classes and personal Zen training consultations at (828)258-3241 or e-mail at [bill.walz@worldnet.att.net](mailto:bill.walz@worldnet.att.net)



# OCTOBER 2006

## EVENTS & WORKSHOPS

**OCTOBER 3 & 17**

Laurel Valley Watch Group  
Protecting Madison County  
7pm; Ebbs Chapel Community Center  
Call for directions: (828) 689-2975  
www.laurelvalleywatch.org

**OCTOBER 7, 14, 21, 28**

Earthaven EcoVillage Tour  
Black Mountain, NC  
Call first: (828) 669-3937  
www.earthaven.org

**OCTOBER 14**

Hey Day Fall Family Festival  
WNC Nature Center  
\$8 adults; \$6 children  
10am - 4pm; (828) 298-5600  
www.wncnaturecenter.org

**OCTOBER 20, 21, 22**

Earth Skills in Ancient Arts Area  
at Lake Eden Arts Festival  
Daily lessons in bow drill, wildflowers,  
tulip poplar baskets, bamboo utensils,  
debris shelter & bottle-cap rattlers  
(828) 686-8742; www.theleaf.com

**OCTOBER 21 - 22**

Small Scale Wind Energy Workshop  
with Southwest Windpower  
Appalachian State University  
(828) 262-7333  
www.wind.appstate.edu  
www.windenergy.com

**OCTOBER 27**

Autoclaved Aerated Concrete  
(AAC Block) Workshop  
Ringgold, GA  
(706) 965-4587  
www.safecrete.com

Green Feature:

# The Greener Home

Sustainable Living Resource for WNC

"Greener is Better"

## How to plan and plant edible landscapes

BY GRIFFIN ABEE

My yard is a beautiful garden, an edible landscape. As my family, friends and I journey into the fragrance of beautiful blossoms, our mouths crave the succulent fruits, berries and nuts that we pass by.

We are free to pick and enjoy virtually anything we see, for this is our own special place. Perhaps you will want to create one of your own, too.

If so, begin with planning and planting fruit trees. October is an ideal time to decide where you want to plant them. Moreover, it's a relatively dry time to dig the holes and prepare the soil. Then you'll be ready to plant in November, the perfect month here to find a new home for these special trees.

Unfortunately, most people in the mountains have gotten into the bad habit of not planting trees in the fall, preferring the spring planting season.

However, in my estimation, I believe that when it comes to tree planning and planting, there's no better time than now. Roots need time to become strong, and the late fall and winter seasons allow the roots to grow slowly. Also, the wintertime does not require as much watering as do the hotter months. A strong root system will improve the chances of the tree surviving as well as bearing the most abundant fruit – and that's what it's all about.

### TEST FIRST, PLANT LATER

This October test your soil. The local



Mulberry trees attract birds, kids and adults who enjoy red-handed picking.

county extension service offers free testing; sometimes, they will even come out to your place and gather the samples. Your soil is shipped off to Raleigh for a small postage fee. In a short time you'll receive the test results. In most areas of the Western North Carolina mountains, the soil is too acidic and will require application of lime to achieve the proper pH rating. Or your soil may need gypsum when it's too alkaline. Once you've accomplished the proper pH soil rating, you're ready to plant your favorite fruit trees and maybe a few you haven't even considered.

### MY WISH LIST OF FRUIT TREES

Here's my quick, yet relatively complete – and certainly healthy – wish list of young fruit trees that can transform any mountain property, or simply your back yard, into an edible landscape, too. Our family loves ours, complete with fruit trees, berries and nuts that appear all throughout the year. It nurtures our children and provides our

friends and neighbors with a real connection to Mother Earth. Such abundance and sharing with family and friends reminds me of the Maori saying: "The land is a mother that never dies."

For something a bit unusual to plant on your land (everyone needs an outdoor conversation piece), you may want to grow an Asian persimmon tree. Its sweet fruit is ready to be harvested in December. Yes, December! But make sure that it is ripe before you eat it. The best Asian persimmon trees to select are of the variety known as non-astringent.

Fig trees are another wonder. They produce fruit twice yearly, in the fall and early summer. A good home for your fig trees is in a protected area that has good sunlight. Many people plant their fig trees along a sunny side near their house or close to an out building, approximately five feet from the structure. Fig trees have a shallow root system, so one need not be too concerned about root intrusions into foundations. When the fruit appears, just pick and eat.

Cherry trees are so beautiful in early spring with their array of lovely cherry blossoms, followed by bearing fruit in late spring. Since they are one of earliest bearers of fruit after winter, cherries are one of my favorites. While most people at first blush want sweet cherries, I prefer my cherry fruit trees to be sourpusses. There's nothing tastier than a cherry pie made from sour cherries; my family and friends know

'fall planting' continued next pg.

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## THE GREENER HOME

## Green Opinion:

## WNC's Taylor wins dubious "Dirty Dozen" award

BY BYRON BELZAK

Rep. Charles Taylor (R-N.C.) was recently added to a list of "anti-environmentalists" on Capitol Hill who are to be targeted for defeat in November because of their poor environmental voting record.

Newly installed League of Conservation Voters (LCV) president Gene Karpinski emailed the results in September to those who participated in the League's online poll, announcing: "Rep. Charles Taylor (R-N.C.) won by a landslide."

Karpinski's email continued: "You spoke, and we're listening. Rep. Taylor, with his lifetime LCV environmental voting score of just 5%, is now the 10th member of the infamous Dirty Dozen. This is the group of anti-environmentalists that we are dead-set on ousting from Congress this November."

"Rep. Taylor won't know what hit him! Armed with appalling facts about his vot-



Charles Taylor

ing record and his open hostility to the environment, we can't wait to target him for defeat. Taylor is clearly the Dirtiest."

Taylor garnered 40% of all the votes cast, which added him to the League's "Dirty Dozen" list. Rep. Taylor beat out Rep. Mike Sodrel (IN) who received 18% of the votes, as well as

Rep. Deborah Pryce (OH) with 18%, Rep. Dan Boren (OK) with 16%, and Rep. John Hostettler (IN) with 8%.

## LCV ENDORSES HEATH SHULER FOR CONGRESS

In a separate news item released in late September, the League of Conservation Voters (LCV), which bills itself as "The Independent Political Voice for the Environment," quoted Karpinski as saying: "LCV is proud to endorse Heath Shuler for

Congress. Heath Shuler believes in investing in American ingenuity to create a new alternative energy future that will not only provide jobs for American workers, but will help improve our environment. He will fight to keep our air and water clean and will work to protect America's National Parks for our children and grandchildren. We believe Heath Shuler would be a wonderful leader for the people of North Carolina's 11th District in Congress.

"As a North Carolina native and father of two young children, Mr. Shuler understands the importance of protecting North Carolina's beautiful natural heritage for future generations. He is a founding member and spokesperson for the Friends of the Smokies, a group that helps preserve the Great Smoky Mountains National Park.

"In addition to his efforts to protect America's National Parks, Mr. Shuler also understands that global warming is a serious threat – and will work to find solutions that reduce global warming emissions, such as requiring that new cars go further on a gallon of gas."

*For more information about LCV and its complete Dirty Dozen list of anti-environmentalists who the group seeks to oust, visit: [www.lcv.org](http://www.lcv.org).*

.....  
'fall planting' continued.

I'm right.

Mulberry trees have a special place in my yard and in my heart, for they serve triple duty. First, they bear fruit for a good two to three months throughout June, July and August. Secondly, kids love to eat their fruit all summer and climb onto their low-lying branches. Thirdly, a mulberry tree is a bird magnet, and that's a good thing. Because I'd much rather have my feathered friends munching on my garden's mulberries than on my favorites, including cherry, plum and pear trees.

Plum trees, as many fruit trees, require male and female trees for cross pollination to occur and subsequent bearing of fruit. Ask your nursery professional about this important and sometimes complex matter.

Peach trees are tasty additions to every edible landscape, but they can serve as a host tree that attracts Japanese beetles. The beetles may eat all the leaves, but won't hurt the tree – and just might leave your other garden lovelies alone.

Pear trees are lovely fruit trees, particularly the Asian pear tree. You can harvest them one of two ways. Allow the fruit to drop and then pick them up ripe and ready to eat. Or you can harvest the pears while still hard and allow them to ripen indoors.

Mmmmm, it makes my mouth water just writing about it.

Apple trees are on everyone's list, but beware. It's not such an easy thing to care for. Sorry to break the news to you, but apples are a difficult fruit to grow well. They require much attention and are prone to disease and other problems. While I love apples, I don't always love all the work that they require. Besides, for us who live in the mountains, we're blessed with the North Carolina Apple Festival in downtown Hendersonville every year to go and stock up. Yet, somehow it seems a bit unpatriotic not to have at least one apple tree in one's yard, given it's laden with such national lore from Johnny Appleseed's plantings to, of course, dear mom and her apple pie.

Paw paw. Yes, I've saved the most curious, and not necessarily un-American, fruit tree for last. The paw paw tree bears paw paw fruit. The fruit is amazing, a cross between a mango and a banana and something else tropical. Paw paw fruit has a thin skin that you can peel off without needing a knife. It has large seeds inside its hollow body. You grab a hold of a paw paw with your two paws and break the fruit into two. Then with your fingers push out the soft

fruit, remove the seeds, and plop it into your mouth. Paw paw is a perfect addition to every edible landscape in the mountains. I know you can't wait to try one, so allow me to suggest that you go to Earth Fare and grab a couple. Right now. They're in season.

Fruit trees nurture in more ways than simply the obvious. Creating your own edible landscape is life enhancing and therapeutic. Together, we can help re-green the planet. Fruit trees remind me that we are all caretakers of this earth, whatever jobs and hobbies we have. Designing and planting useful, edible landscapes – whether in a window box or in a farm field – are incredibly fulfilling aspects of life. Not only are you more in tune with nature, you'll discover that self-sufficiency never taste so fresh.

*About the author: Griffin Abee is an experienced holistic permaculturist, who lives in Asheville and owns her own horticultural company. She can be reached at (828) 778-2199, or visit [www.abeesfruit-trees.com](http://www.abeesfruit-trees.com).*

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## THE GREENER HOME

## Green Report:

## RENEWABLE ENERGY BECOMES MORE AFFORDABLE

**RENEWABLE ENERGY BECOMES MORE AFFORDABLE AND INCREASES HOMELAND SECURITY, SAYS NEW REPORT**

Although renewable energy resources now provide six percent of the total energy needs of the United States, this percent could rapidly increase in the coming years, according to a just released report, entitled "American Energy: The Renewable Path to Energy Security."

The joint report released in late September 2006 by the Worldwatch Institute and the Center for American Progress stated that renewables are becoming cost-competitive with fossil fuels as well as can provide greater security at home for the United States.

**COMPELLING REASONS TO USE RENEWABLES**

Stated the authors of the report: "With oil prices soaring, the security risks of petroleum dependence growing, and the environmental costs of today's fuels becoming more apparent, the country faces compel-

ling reasons to put these technologies to use on a larger scale."

The report's findings included the following:

- The USA boasts some of the world's best renewable energy resources, which have the potential to meet a rising and significant share of the nation's energy demand. For example, one-fourth of America's land area has winds powerful enough to generate electricity as cheaply as natural gas and coal, and the solar resources of just seven southwest states could provide 10 times the current electric generating capacity.
- All but four U.S. states now have incentives in place to promote renewable energy, while more than a dozen have enacted new renewable energy laws in the past few years, and four states strengthened their targets in 2005.
- California gets 31 percent of its electricity from renewable resources; 12 percent of this comes from non-hydro sources such as wind and geo-

thermal energy.

- Texas now has the country's largest collection of wind generators. The United States led the world in wind energy installations in 2005.
- Iowa produces enough ethanol that, if consumed in-state, would meet half the state's gasoline requirements.
- Renewable energy creates more jobs per unit of energy produced and per dollar spent than fossil fuel technologies do.

The report also stated that while there has been strong public support by American citizens, the U.S. has not kept up with other countries, which have experienced rapid growth over the past decade.

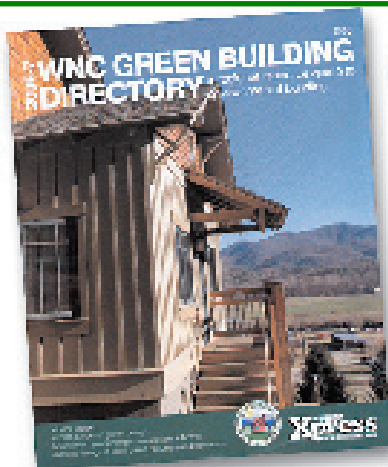
On a worldwide basis since 2000, global wind energy generation has more than tripled; solar cell production has risen six-fold; production of fuel ethanol from crops have more than doubled; and biodiesel production has expanded nearly four-fold. Annual global investment in "new" renewable energy has risen almost six-fold since 1995, with cumulative investment over this period nearly \$180 billion.

The report explained that if the U.S. is to join the world leaders in renewable energy – among them Germany, Spain, and Japan – it will need world-class energy policies based on a sustained and consistent policy framework at the local, state, and national levels.

**DOWNLOAD THE RENEWABLES REPORT AND LEARN MORE**

To download the complete report, visit [www.americanenergynow.net](http://www.americanenergynow.net).

For more information about the two publishers of this new renewable energy report, visit [www.worldwatch.org](http://www.worldwatch.org) and [www.americanprogress.org](http://www.americanprogress.org). The Worldwatch Institute is said to be an independent research organization that focuses on innovative solutions to global environmental, resource, and economic issues. The Center for American Progress bills itself as "a nonpartisan research and educational institute dedicated to promoting a strong, just and free America that ensures opportunity for all ... to find progressive and pragmatic solutions to significant domestic and international problems and develop policy proposals that foster a government that is 'of the people, by the people, and for the people.'"

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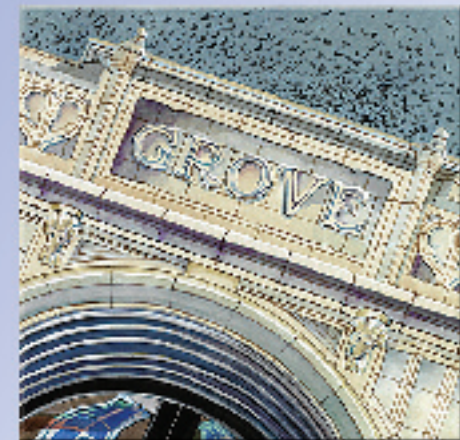
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